metro
NEW YORK CITY NO. 1 FREE DAILY IN THE U
Wednesday, June 13, 2018 metro.us | t: MetroNewYork | f: MetroNew

QUANTRELL D. COLBERT

'SUPERFLY'

A hip remake 20 years in the making. 18

Migraine misery: What you need to know for Migraine and Headache Awareness Month. 4

Poland's Lewandowski, Colombia's James headline Group H at 2018 World Cup. 22

RSVP NOW!

To learn more, visit mcny.edu.

See below for more details.

MCNY
ACCELERATE YOUR FUTURE.

MERGER IS COMING

HBO PHOTO ILLUSTRATION

Over the objections of the Justice Department, a federal judge on Tuesday approved the $85.4 billion megamerger between AT&T and Time Warner, creating a media superpower with channels such as CNN and HBO's smash hit 'Game of Thrones.' 11

METROPOLITAN COLLEGE OF NEW YORK
MANHATTAN CAMPUS
TRANSFER FAIR June 21 | 3PM - 7PM RSVP NOW!

MCNY
ACCELERATE YOUR FUTURE.
mcny.edu | 212.343.1234

5 THINGS TO KNOW

WELCOME TO METRO.US

SHEILA DOUGHERTY, EDITOR AT METRO

Sometimes there's nausea. You feel the beginnings of a headache, but it doesn't feel like when you're under a lot of stress or haven't eaten or are hungover. You see spots. Every light, every sound is an assault on the senses. If you can get your hands on an Imitrex, you may be able to stop it. Otherwise, the only relief comes from an icepack on your head in a cool, pitch-black room. This is what a migraine is like. To mark Migraine and Headache Awareness Month, Metro spoke to an expert about how to cope. Turn to page 4 for more, and visit **metro.us** for all our health coverage.

WH AIDE APOLOGIZES FOR 'SPECIAL PLACE IN HELL'

1 White House trade adviser Peter Navarro apologized on Tuesday for saying there was a "special place in hell" for Canadian Prime Minister Justin Trudeau after last week's Group of Seven summit, the Wall Street Journal reported. At an event hosted by the Journal, Navarro said he had made a mistake, according to the newspaper. "My mission was to send a strong signal of strength," Navarro said at the event, according to the Journal. "The problem is that in conveying that message I used language that was inappropriate." The admission was a rare act of contrition from U.S. President Donald Trump's White House, where public apologies are few. Canada reacted coolly to the apology, with Trudeau declining to answer when reporters asked him whether he accepted it. "We will continue to conduct our diplomacy the Canadian way, that is, being positive and constructive and firm in defending the interests of our industries ... in diplomacy it doesn't really matter about personal feelings and personal comments," said Trade Minister Francois-Philippe Champagne when asked about the apology.

THOUSANDS OF US ASYLUM CLAIMS IN DOUBT

2 New limitations on asylum imposed by U.S. Attorney General Jeff Sessions could invalidate tens of thousands of pending claims brought by women, children and men fleeing violence in their home countries, according to immigration attorneys. Sessions on Monday overturned a grant of asylum to a Salvadoran woman whose former husband raped and beat her for 15 years. The decision left immigration lawyers across the United States grappling with how to proceed for their clients. At least 230,000 of the 711,000 cases before U.S. immigration courts involve asylum petitions from Central America and Mexico, according to a Reuters analysis of data from the Executive Office for Immigration Review, which runs U.S. immigration courts. Attorneys said most claims from this region are based on domestic or gang violence. Those cases will be far harder — if not impossible — to win in light of Sessions' decision, they said.In a case known as the "Matter of A-B," the attorney general revoked a ruling by the Board of Immigration Appeals that carved out special protections for domestic violence victims.

RUSSIA PREPARES FOR THE WORLD CUP

3 Soccer fans from Iran sing songs and wave flags near Red Square ahead of the World Cup on Monday in Moscow. Moscow and Russia is gearing up for the start of the World Cup tournament. FIFA expects more than three billion viewers for the World Cup that begins this week.

GETTY IMAGES

WORLD CUP TRAVELERS WARNED OF HACKING

4 The top U.S. counterintelligence official is advising Americans traveling to Russia for soccer's World Cup beginning this week that they should not take electronic devices because they are likely to be hacked by criminals or the Russian government. In a statement to Reuters on Tuesday, William Evanina, an FBI agent and the director of the U.S. National Counterintelligence and Security Center, warned World Cup travelers that even if they think they are insignificant, hackers could still target them. "If you're planning on taking a mobile phone, laptop, PDA, or other electronic device with you — make no mistake — any data on those devices (especially your personally identifiable information) may be accessed by the Russian government or cybercriminals," he said. "Corporate and government officials are most at risk, but don't assume you're too insignificant to be targeted," Evanina added. "If you can do without the device, don't take it. If you must take one, take a different device from your usual one and remove the battery when not in use."

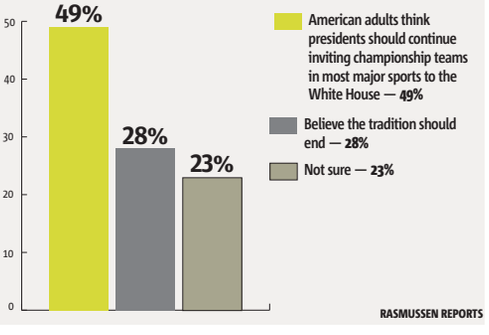
'DREAMER' IMMIGRATION BILL FAILS TO ADVANCE

5 Republicans in the U.S. House of Representatives failed to reach agreement on Tuesday on compromise legislation to protect young "Dreamer" immigrants from deportation and bolster border security, a lead negotiator told reporters. There is "no deal at this point," said Rep. Mark Meadows, who heads a group of hard-right conservative Republicans as he emerged from a 90-minute meeting with House Speaker Paul Ryan and other leading Republicans. Talks will continue, he said. Republicans are deeply split over immigration legislation and face a revolt by centrist lawmakers in their party who had set a Tuesday deadline for reaching a compromise or achieving substantial progress. Without such progress, the lawmakers have warned they will set in motion a rarely used "discharge petition" procedure that would force votes in the full House on a series of immigration bills. They believe their bipartisan plan would pass the House, which would be an embarrassment for Ryan because that legislation is mainly supported by Democrats.

STATS

SPORTS RECOGNITION

Presidents in recent years have invited championship teams in most major sports to the White House for special recognition. Should the president continue this practice or end it?



RASMUSSEN REPORTS

ARE YOU CURRENTLY TAKING A MEDICATION BUT STILL FEELING

DEPRESSED?

If you're 18-65 years old, have been diagnosed with Major Depressive Disorder, and are experiencing the symptoms below, you may be eligible to participate in a clinical research study of an investigational product. All study related drug and visits will be provided to you at no cost.

HOPELESSNESS • SADNESS •
LOSS OF INTEREST
DECREASED ENERGY
DIFFICULTY CONCENTRATING

FCR

FIEVECLINICALRESEARCH

CALL TODAY!

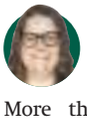
(212)772-3570

Ask About Our Refer-A-Friend Program

While there are many triggers for migraines, the No. 1 for both men and women is stress, Dr. Hutchinson said. PIXABAY

The potent pain of migraines: How to prevent and treat what is much more than 'just a headache'

"Migraines are a chronic, neurological disease — it's so much more than just a headache," said headache expert Dr. Susan Hutchinson.



NIKKI M. MASCALI
nikki.mascali@metro.us

More than 36 million men, women and children in the U.S. suffer from migraines, which makes "You Are Not Alone" a fitting theme for the 2018 Migraine and Headache Awareness Month, which takes place every June.

But do you actually know the difference between a migraine and a headache — or that the first-ever FDA-approved preventive migraine treatment was just released? In order to understand migraines better in honor of MHAM, Metro spoke with Dr. Susan Hutchinson, a California-based migraine specialist and medical adviser for MigraineX, earplugs that help manage weather-related migraines.

So what's the difference between a migraine and a headache?

When people use the word 'headache,' they're usually talking about a tension headache, which feels like a tight band around the head — I think a lot of us experience that at the end of a stressful day. Migraines are a chronic, neurological disease characterized by episodes of migraine attacks — it's so much more than just a headache. Usually, there's nausea and or vomiting, sensitivity to light, noise and sometimes even smells. The more severe the headache, the more likely it is a migraine, not tension.

What are the top migraine triggers?

There are many, but of the top triggers, No. 1 is stress for men and women. Number two would be hormonal in women because of hormonal fluctuations, which is why migraines tend to peak in women during child-bearing years, typically 25 to 55. There's oral and facial pain issues, neck issues, changes in weather, lack of consistency to healthy habits ... but every patient should be evaluated individually, and certainly, one solution does not fit all.

36M

More than 36 million men, women and children in the U.S. suffer from migraines.

What are your thoughts on Aimovig, the first-ever FDA-approved preventative migraine medication?

It's a very good addition to what we have to offer headache patients. It's very target-specific for what happens during migraines. It's a once-a-month injection that could be self-administered. Clinical studies show it appears to be quite safe, very well-tolerated, and it can be very effective — but it doesn't mean patients won't need their acute medication or natural options like MigraineX, but I think it's going to make a difference for quite a few migraine patients. There are going to be some other similar medications coming to market later this year. This is just very good for patients.

MigraineX earplugs are 'best if used in conjunction with the app it comes with, which sends an alert when there's a predicted drop barometric pressure,' which is a top trigger for migraines, Dr. Hutchinson said. MIGRAINEX

What drew you to work with MigraineX?

I'm always open to things that are natural, not expensive and safe because most of my patients want to tap into what's really good with prescription medication, but also what they can do to *prevent* their headaches and natural solutions.

MigraineX is an ear-pressure regulation device. They look like little earplugs, and they're meant to address changes in barometric pressure. It's best if used in conjunction with the app it comes with, which sends an alert when there's a predicted drop barometric pressure. It lets them be proactive instead of reactive.

OTHER NATURAL REMEDIES FOR MIGRAINES

Beyond using MigraineX as a preventative measure for migraines, we asked Dr. Hutchinson for other natural remedies.

"I can't emphasize enough a healthy lifestyle," she said. "Try to get enough sleep; if you're not, there could be a sleep disorder that needs to be addressed."

Additionally, she suggests:

- Drinking a lot of water, at least 64 ounces a day.
- Eating healthy, including plenty of protein, particularly early in the day.
- Avoiding processed food and diet sodas and being careful of nitrates, MSG and preservatives.
- Keeping alcohol and caffeine to a minimum.
- Not smoking.
- Exercising.
- Using lavender, eucalyptus and peppermint essential oils may help, as might CBD oil for those in legal or medical marijuana states.
- Keeping a journal to look for patterns.
- Working with a provider who can help find a treatment plan — and reevaluate that plan every six months.

Fibroid Pain?
UFE - Not Hysterectomy

If You Suffer From Any of These FIBROID Symptoms...

- Bleeding Between Periods
- Reproductive Dysfunction
- Protruding Belly
- Frequent Urination
- Heavy Bleeding
- Pelvic Pain
- Bloating
- Constipation

...Then Consider Uterine Fibroid Embolization (UFE)

- **Minimally invasive** & non-surgical
- Short recovery and **no hospitalization**
- **Covered** by Medicaid & most insurance plans

Don't Hesitate, Call Today!

(718) 504-6414

QUEENS
116-02 Queens Blvd E F M R
Forest Hills, NY 11375

30-33 Steinway N Q M R
Astoria, NY 11103

162-03 Jamaica Ste 200
Queens, NY 11432 E J 5 F

LONG ISLAND
260 Sunrise Hwy #102
Valley Stream, NY 11581

MANHATTAN
122 Fulton St A C J Z 2 3
Manhattan, NY 10038

1264 St. Nicholas, Ave A C 1
Washington Hts, NY 10026

BROOKLYN
2444 86th St. Ste A D
Brooklyn, NY 11214

924 Flatbush Ave. Q B 2 5
Brooklyn, NY 11226

2965 Ocean Pkwy #200 Q B
Brighton Beach, NY 11235

BRONX
5221 Broadway 1
Bronx, NY 10463

384 E 149th St. # 201
Bronx, NY 10455 2 5

2157 White Plains Rd
Bronx, NY 10462 D 2 5

USA FIBROID™ CENTERS
www.USAFibroidCenters.com

Brooklyn comes down with Travolta fever

It was John Travolta Day in the borough as the actor returned to Lenny's Pizza, made famous in "Saturday Night Fever."

KRISTIN TOUSSAINT
kristin.toussaint@metro.us

John Travolta made Lenny's Pizza forever famous when he ordered two slices from the Brooklyn joint in 1977's "Saturday Night Fever." Now, the star of the upcoming film "Gotti" has a pizza slice named after him.

As part of Tuesday's welcome back celebration, New York state Sen. Marty Golden honored Travolta at the iconic Bensonhurst pizza joint. Radio personality Joe Causi was the emcee while actor Will DeMeo, who grew up in Bensonhurst and now co-stars alongside Travolta in "Gotti," hosted the event.

Travolta's wife, actress Kelly Preston, joined him on stage. Also in attendance was Gianluca Mech, an Italian businessman and "devoted fan," who in December 2017, spent $200,000 re-creating the "Saturday Night Fever" disco for the film's 40th anniversary.

"Travolta changed the culture of Brooklyn and America forever in both fashion and music," Golden said in a statement. "The movie "Saturday Night Fever" brought millions of Americans to the dance floor to the rhythm of disco."

Travolta, who played "Sweathog" Vinnie Barbarino in the Brooklyn-based '70s comedy "Welcome Back Kotter," revisited the spot that he made so iconic in "Saturday Night Fever" when his character, Tony Manero, orderd two slices from Lenny's Pizza and eats them stacked on top of one another as he struts down the streets of Brooklyn to the Bee Gee's "Stayin' Alive."

"Travolta changed the culture of Brooklyn and America forever in both fashion and music."

Marty Golden

That particular scene remains so popular, Golden noted, that Lenny's to this day remains a top Brooklyn tourist destination, with travelers from all over the world stopping in for a "double-decker slice."

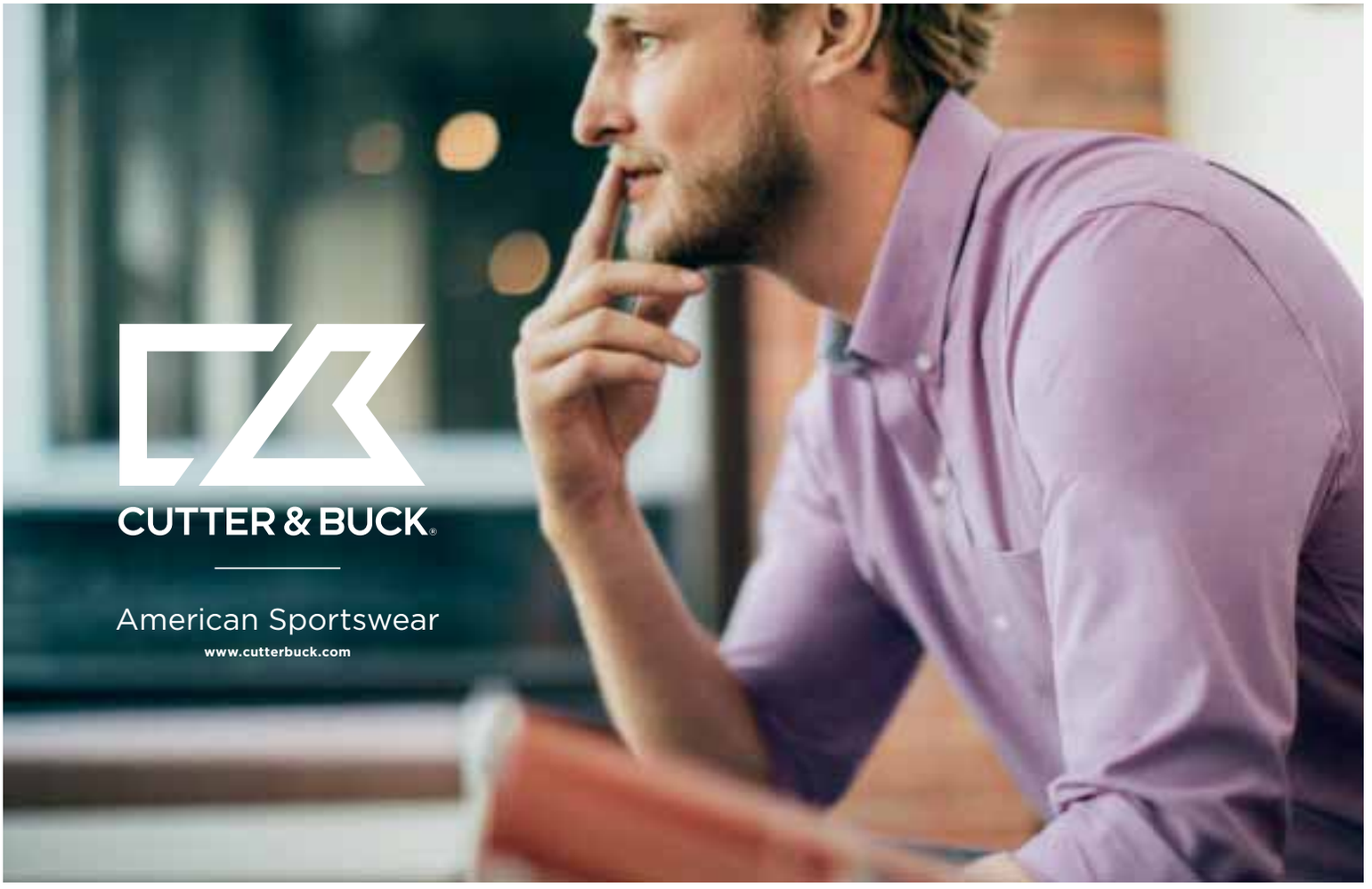
Golden said that the local community is "excited for John's return to Brooklyn."

"Everywhere I go I am asked about the ceremony," he said. "We feel we are bringing back a little history to the streets he once made famous."

John Travolta and Kelly Preston take part as Brooklyn Celebrates John Travolta at Lenny's Pizza on Tuesday in Brooklyn. GETTY IMAGES

@DHeskiel
He finally arrived ! #birdseyeview #JohnTravolta #brooklyn @SenMartyGolden

@winsjuliet
There it is! Lenny's slice 41 years later-wearing white jacket !!! @JohnTravolta_ #1010wins



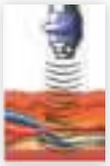
ErectionWave
Male Enhancement

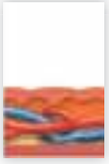
A **Breakthrough** Solution for **Men** Seeking Better **Erections** and Optimal **Sexual** Performance

Shockwave Treatment
✓ Opens Arteries Clogged with Plaque
✓ Increases Penile Artery Blood Flow
✓ Increases Size of Penile Veins
✓ Improves Penile Nerve Function
✓ Increases Stem Cells in the Penis
✓ Painless Natural Holistic Treatment
✓ Done In Office by Expert Provider

Priapus Shot
✓ Increases Penile Size by up to 3.5cm
✓ Proven in Many Peer Review Journals
✓ Uses Your Own Regenerative Cells

Testosterone Replacement
✓ Improves Sexual Desire and Helps ED
✓ Monitored by a Urologist so not Risky
✓ Do Not Settle for just Any Doctor!





Painless Sound Waves
✓ Easy 20 Minute Office Treatment
✓ Increases Penile Performance and Size
✓ 100% Natural without Chemicals
✓ Proven by Over 70 Scientific Studies

Eliminates the Need for Viagra, Injections & Penile Pumps
Throw out all your snake oil and come to see an expert in sex function! Our staff of expert providers will find out what is wrong and treat you based on the testing and your circumstances. Call us for a private appointment for evaluation and treatment.
800 Second Avenue, Corner of 42nd Street, New York City
(212) 661-0060

Dr. David Shusterman
Board Certified Urologist
Renowned Top Doctor
Expert in Sexual Function
Expert in Increasing Size
Founder and Developer
20 years treating ED
SexUrologist.com

Treatment offers new hope for erectile dysfunction

If you're at war with erectile dysfunction (ED), you're not alone. In fact, one in every four new patients is under the age of 40, according to the *Journal of Sexual Medicine*. While it may be comforting to know that it's more common than you think, you're probably more concerned with getting it under control. And we don't blame you—ED takes a serious toll on relationships, intimacy and overall well-being.

Enter ErectionWave, an innovative new approach that flips traditional ED treatment on its head. More often than not, the go-to answer is a lifetime Viagra prescription. The big downside here is that this really only treats the symptom, not the underlying problem. It also leaves you completely dependent on medication to enjoy a satisfying sex life.

Founded by a renowned Board Certified Urologist Dr. David Shusterman, ErectionWave is different in that it improves sex without medication. As the name implies, it directs high-frequency waves toward blood vessels that are normally narrow or blocked. This, in turn, optimizes blood flow, allowing for naturally strong erections. This holistic treatment also increases the size of penile veins *and* increases nerve function.

Translation: it's a noninvasive treatment option that actually gets to the root of erectile dysfunction.

Dr. Shusterman and his team of experienced sex function specialists are dedicated to eliminating the need for penile pumps, injections, and drugs like Viagra. They also offer highly effective alternative treatments that go beyond ErectionWave therapy. One pathway is hormone replacement—an umbrella term that covers a wide array of robust therapy options that are completely tailored to each individual patient. Addressing any hormonal causes of ED is critical to improving sexual desire and, ultimately, getting on the other side of erectile dysfunction.

Another successful option for men with ED is something known as the Priapus shot, aptly named after the Greek god of virility. The P-shot, as it's called, is a non-surgical, completely pain-free penis injection that serves double duty: improving sexual performance and increasing penis size by up to 3.5 centimeters; a game changer for those who are at the end of their rope with erectile dysfunction. It also leverages your own regenerative cells, making it completely safe and totally natural.

Ready to tackle your ED once and for all? Book an appointment with Dr. Shusterman at NY Urology, located at 800 Second Avenue on the corner of 42nd Street. Call **212-661-0060** to take the first step toward a healthy, satisfying sex life.

Transit Museum running vintage trains to Brighton Beach for Father's Day weekend

For the swipe of a MetroCard, rail fans can ride some of the city's oldest trains as part of the fourth annual Parade of Trains.

NIKKI M. MASCALI
nikki.mascali@metro.us

If you, your dad or anyone else in your family is a rail fan, this Father's Day weekend might be for you as the New York Transit Museum is hosting its fourth annual Parade of Trains featuring vintage subway cars making special trips to and from Brighton Beach.

From 11 a.m. to 4 p.m. on Saturday and Sunday, you can catch vintage train cars, including the oldest ones in the Transit Museum's fleet that date back to 1904, as they travel to and from the Brighton Beach station B/Q platforms for just the swipe of a MetroCard.

Straphangers will only be able to enter and exit the train cars at Brighton Beach; the trains will make short round trips to Ocean Parkway and longer round trips to Kings Highway.

"We are delighted to be able to bring our vintage fleet out this weekend and enjoy the return to the rails of some of our oldest train cars," Museum Director Concetta Bencivenga told Metro. "The Transit Museum is incredibly proud of our trains and grateful to the people who keep them in service. We can't think of a better way to spend Father's Day weekend than riding the rails at the 4th annual Parade of Trains — and all it takes is the swipe of your MetroCard and a trip to Brighton Beach"

For more info, visit nytransitmuseum.org.

A father and his sons enjoy a train ride during a previous Parade of Trains.
NY TRANSIT MUSEUM

For the swipe of a MetroCard, rail fans can ride some of the oldest trains in the New York Transit Museum's fleet, such as this Brooklyn Union Elevated car, to and from Brighton Beach as part of the fourth annual Parade of Trains.
NY TRANSIT MUSEUM

THE TRAINS

• **BRT Brooklyn Union Elevated Cars,** the oldest in the Transit Museum fleet, were used from 1903 to 1969. They were known as "gate cars" as passengers boarded and exited via open-air vestibules at the front and rear of each car. A conductor had to manually open and close metal gates and ring a bell to let the motorman know it was safe to proceed when all riders were safely on board.

• **MRT/BMT Standards,** which ran from 1914 to 1969. These cars were 67 feet long and 10-feet wide, with 78 seats, 14 additional drop-down ones and a standing capacity of 182 passengers. These cars were the first to use destination roll signs, bigger windows and brighter lights.

• **BMT D-Type Triplex,** used from 1925 to 1965, were ordered as mass transit shifted from wooden train cars to steel. These 137-foot long cars sat 160 straphangers and were articulated so riders could walk from one car to another via an enclosed passageway.

• **The "Train of Many metals"** included three types of vintage cars from 1948 and 1967: R10, the first use LAHT steel; R16, which was an updated R10 with electric doors instead of air-powered; and R38, the first subway fleet with air conditioning.

Painful Varicose Veins and Swollen Legs?

New Foxhurst location
947 Sourthern Blvd. Bronx, NY Now Open

Varicose veins and spider veins is not just a cosmetic issue, they could be the sign of venous insufficiency.

If you are a loved one is suffering from:

- ☑ Varicose Veins
- ☑ Spider Veins
- ☑ Itching and Burning
- ☑ Leg Pain
- ☑ Leg Cramps
- ☑ Swollen Legs
- ☑ Skin Discoloration
- ☑ Leg Ulcers
- ☑ Blood Clots
- ☑ Difficulty Standing

If left untreated these could lead to more serious complication. Don't delay, treatment takes 15 minutes.

BOOK ONLINE NOW

Covered by Medicare and Most Insurance Plans

Don't suffer another day! Call us now!

(917) 717-5135

USA VEIN CLINICS™

www.USAVeinClinics.com

Manhattan:

1153 1st Ave, Manhattan, NY 10065 2 3 Ⓝ Ⓡ Ⓦ

122 Fulton Street Ste 500 New York , NY 10038 Ⓐ Ⓒ Ⓙ Ⓩ 2 3

4159 Broadway, New York, NY 10033 Ⓐ Ⓒ 1 4 5 6

1264 St. Nicholas, Washington Heights, NY 10026
168 St Ⓐ Ⓒ 1

Brooklyn:

924 Flatbush Ave, Brooklyn, NY 11226 Ⓝ Ⓑ 2 5

2511 Ocean Ave Ste 102 Brooklyn, NY 11229 Ⓝ Ⓡ Ⓑ

2444 86th St, Ste A, Bensonhurst, NY 11214 Ⓓ

2965 Ocean Pkwy Ste 200 Brighton Beach, NY 11235 Ⓝ Ⓑ

Bronx:

5221 Broadway Ave, Bronx, NY 10463 1

384 E 149 St, Ste 201, Bronx, NY 10455 2 5

NEW 2157 White Plains Rd, Bronx, NY 10462 2 5 Ⓓ

947 Southern Blvd. Bronx NY 10459

Queens:

116-02 Queens Blvd Forest Hills, NY 11375 Ⓔ Ⓕ Ⓜ Ⓡ

30-33 Steinway St, Astoria, NY 11103 Ⓝ Ⓠ Ⓜ Ⓡ

40-04 Forley St, Jackson Heights, NY 11373 Ⓕ Ⓔ Ⓜ Ⓡ 7

59-20 Myrtle Ave Queens, NY 11385 Ⓙ Ⓜ Ⓩ Ⓛ

NEW 1652-03 Jamaica, Ste 200, Queens, NY 11432 Ⓔ Ⓙ 5 Ⓕ

Staten Island:

1975 Hylan Blvd, Staten Island, NY 10306

Long Island:

260 Sunrise Hwy Ste 102

Valley Stream, NY 11581

Suburban NY/Rockland County:

156 Route 59, Ste B1, Suffern, NY 10901

New Jersey:

766 Shrewsbury Ave, Ste 300

Tinton Falls, NJ 07724

81 Route 37 West Toms River NJ 08755

© January, 2018 USA Vein Clinics®. All rights reserved.

QUALITY DENTURES
THE SAME DAY
NY's Place for same day dentures for over 40 years.
Smile with Confidence

$100 off* each NEW denture!
EXP: 6/15/18
NEW PATIENT PACKAGE
MAINTENANCE
CLEANING
DIGITAL X-RAYS
With This ad only. One per patient.
First visit only. Coupon expires 6/15/18
*some restrictions may apply
$89
NEW PATIENTS Only
ONE
DENTURE
RELINE
With This ad only. One per patient.
First visit only. Coupon expires 6/15/18
*some restrictions may apply
$194
FREE CONSULTATION
DENTURE REPAIRS AND RELINES WHILE-U-WAIT!
MOST INSURANCE PLANS WELCOME
SENIOR Cit. Discounts* on new dentures and crowns
Full Service State of-the Art Cosmetic Dentistry
224 West 35th St., New York, NY 16th Floor (between 7th and 8th Avenues)
HERALD SQUARE DENTAL & THE DENTURE CENTER
Call Now!
212-689-0024
www.denturecenter.com
Cannot be combined with other offers
*not to be combined

President Trump put a halt to military exercises, a move that surprised South Korea. GETTY IMAGES

In stunning summit concession, Trump says he will halt Korea war games

The president called the exercises conducted by the U.S. and South Korea "very provocative" and expensive.

President Donald Trump made a stunning concession to North Korean leader Kim Jong Un on Tuesday about halting military exercises, pulling a surprise at a summit that baffled allies, military officials and lawmakers from his own Republican Party.

At a news conference after the historic meeting with Kim in Singapore, Trump announced he would halt what he called "very provocative" and expensive regular military exercises that the United States holds with South Korea.

That was sure to rattle close allies South Korea and Japan. North Korea has long sought an end to the war games.

The two leaders promised in a joint statement after their meeting to work toward the "denuclearization" of the Korean Peninsula and the United States promised its Cold War foe security guarantees, but they offered few specifics.

The summit, the first between a sitting U.S. president and a North Korean leader, was in stark contrast to a flurry of North Korean nuclear and missile tests and angry exchanges of insults between Trump and Kim last year that fueled worries about war.

Noting past North Korean promises to denuclearize, many analysts cast doubt on how effective Trump had been at obtaining Washington's pre-summit goal of getting North Korea to undertake complete, verifiable and irreversible steps to scrap a nuclear arsenal that is advanced enough to threaten the United States.

"We will be stopping the war games which will save us a tremendous amount of money."
Donald Trump

Critics at home said the president had given away too much at a meeting that gave international standing to Kim. The North Korean leader is deeply isolated, his country accused by rights groups of widespread human rights abuses and under U.N. sanctions for its nuclear and ballistic missile programs.

If implemented, the halting of the joint military exercises would be one of the most controversial moves to come from the summit. The drills help keep U.S. forces at a state of readiness in one of the world's most tense flashpoints.

"We will be stopping the war games which will save us a tremendous amount of money, unless and until we see the future negotiation is not going along like it should. But we'll be saving a tremendous amount of money, plus I think it's very provocative," Trump said.

His announcement was a surprise even to President Moon Jae-in's government in Seoul, which worked in recent months to help bring about the Trump-Kim summit.

The presidential Blue House said it needed "to find out the precise meaning or intentions" of Trump's statement, while adding that it was willing to "explore various measures to help the talks move forward more smoothly".

Pentagon officials were not immediately able to provide any details about Trump's remarks about suspending drills, something that the U.S. military has long resisted.

A spokeswoman for U.S. military forces in Korea said it had not received any direction to cease joint military drills.

"USFK has received no updated guidance on execution or cessation of training exercises — to include this fall's scheduled Ulchi Freedom Guardian," U.S. Forces in Korea spokeswoman Lieutenant Colonel Jennifer Lovett said in a statement. REUTERS

AT&T's merger with Time Warner may be the first of many media mergers, experts say. GETTY IMAGES

AT&T wins court approval to buy Time Warner over Trump opposition

AT&T Inc. won court approval on Tuesday to buy Time Warner Inc. for $85 billion, rebuffing an attempt by President Donald Trump's administration to block the deal and likely setting off a wave of corporate mergers.

The merger was approved without conditions and is seen as a turning point for a media industry that has been upended by companies like Netflix Inc. and Google which produce content and sell it online directly to consumers, without requiring a pricey cable subscription. Distributors including cable, satellite and wireless carriers all see buying content companies as a way to add revenue.

The decision comes despite criticism from Trump, a frequent detractor of Time Warner's CNN and its coverage. The deal was announced in October 2016 and quickly denounced by Trump.

The ruling could also prompt a cascade of pay TV companies buying television and movie makers, with Comcast Corp's bid for some Twenty-First Century Fox Inc. assets potentially the first out of the gate.

The merger, including debt, would be the fourth largest deal ever attempted in the global telecom, media and entertainment space, according to Thomson Reuters data. It would also be the 12th largest deal in any sector, the data showed.

"I conclude that the government has failed to meet its burden" to show that the merger was likely to substantially lessen competition, U.S. District Judge Richard Leon told the court. He called one of the government's positions "gossamer thin" and another "poppycock."

In a scathing opinion, he urged the U.S. government not to seek a stay of his ruling, saying it would be "manifestly unjust" to do so and not likely to succeed.

$85B

AT&T Inc. won court approval on Tuesday to buy Time Warner Inc. for $85 billion.

"That's a legal shocker." said J.B. Heaton, an attorney and consultant on litigation and regulatory proceedings. "I think we'll see now that companies will be much more confident about vertical mergers," he added, referring to acquisitions which tie together different parts of a business, such as production and distribution.

Shares of AT&T fell about 1.3 percent in after-hours trade following the decision, while Time Warner rose more than 5 percent.

Twenty-First Century Fox jumped 7 percent in extended trade after the ruling on expectations that Comcast and Walt Disney Co could start a bidding war to acquire its media assets. Comcast and Walt Disney dropped 4.3 percent and 1.8 percent, respectively.

Shares of other media and telecom companies also rose, including T-Mobile US Inc., Sprint Corp., CBS Corp., Dish Network Corp., Discovery Inc. and Viacom Inc.

"This will be a blockbuster summer for media mergers," said Mary Ann Halford, senior adviser to OC&C Strategy Consultants.

The Justice Department filed a lawsuit to stop the deal in November 2017, saying that AT&T's ownership of both DirecTV and Time Warner would give AT&T unfair leverage against rival cable providers that relied on Time Warner's content, such as CNN and HBO's "Game of Thrones."

Leaving the courtroom, Makan Delrahim, head of the Justice department's antitrust division, said that he would read the judge's opinion before making a decision on an appeal.

The Justice Department is not likely to be put off by the loss, said Amy Ray of the law firm Cadwalader, Wickersham & Taft LLP, noting it had prevailed in stopping other mergers between rivals.

"Put me on the side of the fence of thinking that AAG [Makan] Delrahim is interested in challenging the next problematic vertical transaction," she said.

AT&T in a six-week trial argued that the purchase of Time Warner would allow it to gain information about viewers needed to target digital advertising, much like Facebook Inc and Alphabet Inc's Google already do.

AT&T applauded the court's decision. "We look forward to closing the merger on or before June 20," a day before the contractual deadline with Time Warner, said David McAtee, AT&T general counsel.

REUTERS

ADVANCED VARICOSE VEIN
TREATMENTS OF MANHATTAN

ARE YOUR LEGS SUFFERING FROM...

- VARICOSE VEINS
- SPIDER VEINS
- LEG ULCERS
- LEG SWELLING
- BURNING
- ITCHING
- RESTLESSNESS

Trust the doctor that cares about you!

Personal & discrete care delivered directly by Ronald Lev, MD

Certified by the American Board of Venous and Lymphatic Medicine

We Accept Most Health Insurances including Medicare

Minimally invasive procedures

CALL TODAY!
212.204.6501

111 John St, Ste 1450, New York, NY 10038
369 Lexington Ave, Ste 18A,
bet 40 & 41st New York, NY 10016

TreatmentsOfManhattan.com
DRLEV@TREATMENTSOFMANHATTAN.COM

Demand Soars At NYC Medical Clini

Can This Medical Technology Possibly Eliminate Or

The Advanced Medical Treatment Every Back & Neck Pain Sufferer Needs To Kno

NYC Pain MD is a medical clinic with two locations in New York City that has made a name for itself by treating the worst cases of back or neck pain.

Here is what every back and neck pain sufferer who has failed to respond to other treatments and does not want surgery should know about one of the best treatment options available today for severe back and neck pain including when, why and where you should consider this treatment to get maximum results.

If you suffer with back, neck or nerve pain, you have probably already tried *many* treatments ... especially countless pain medications.

Experienced doctors understand that even though pain medications such as anti-inflammatory pain pills are part of the recommended early treatment plan for back pain... they are rarely the answer.

In most cases they have minimal, short term results (if any) and have a laundry list of potential side effects. Some being serious and even life threatening.

Are there any better options?

Thankfully, advancements in science and technology come extremely fast. And now there is very good option to help relieve the pain.

An option that a lot of back and neck pain sufferers may have never heard of before.

Before we get into these treatments, please understand this...

NYC Pain MD is a REAL medical clinic that has treated the worst cases of back pain. Patients travel from all over to be treated at one of their clinics for all sorts of joint and muscle pain because they want the best medical treatments available.

What you are about to discover is a REAL medical treatment. Not some miracle cure you see on infomercials or on the internet.

Know this fact: There is no one treatment that will help every case of back pain. And we cannot guarantee this treatment will work for you. But this treatment has already helped countless back and neck pain sufferers who had given up hope. I bet many just like you.

What is this treatment? It's called...

Radiofrequency Neurotomy

"Radiofrequncy Neurotomy" is often referred to as RF for short. Just what is "RF".

RF is a procedure that is based on the concept that blocking the nerve supply to the painful area may alleviate pain and restore function.

There are many nerves around your spine and one of their jobs is to sense PAIN.

Radiofrequency waves are delivered to these nerves under advanced imaging to "block" the nerves and slow down the pain

Two procedures are performed. First, a test, diagnostic "Block" procedure is done to determine if the procedure is going to decrease pain and improve function.

If this first "test" procedure is successful, the Radio Frequency Neurotomy is scheduled and performed for longer term relief.

What Results Can You Expect?

Like all real medical procedures... results vary for individual patients. No good and ethical doctor would guarantee any exact results for any procedure... that's just not how things work and it would be less than honest.

That's being said, it is not uncommon for patients to get complete, if not significant relief of their pain shortly after the treatment.

How Long Do The Results Last?

This procedure "impaits" the nerves pain signals... it does not destroy them. Therefore, the results are safe but not completely permanent. But, many patients get relief for 6 months… 12 months…. 18 months for some even longer. The great news is - another procedure can be safely preformed for more relief if necessary.

While we cannot claim this is a complete "permanent cure" ... it can be a godsend for so many who were in constant pain.

Really... what would it be worth if you could get out of pain for long enough so you could start enjoying your everyday life again?

Would it be worth it to be able to finally get a good night's sleep again?

How about being able to go for a simple walk or just do your basic daily chores without worrying about so much pain?

Is It Safe?

Yes. This procedure has been done countless times and continues to have an excellent safety record. It is minimally invasive and is *not surgical.*

Who Should Try This Treatment?

RF should be considered after other treatments, such as anti-inflammatory pain medication and physical therapy do not offer good enough results.

RF has also been found effective AFTER back surgery when patient's still feel pain.

The pain after a failed back surgery can be debilitating for some and this procedure may be the only thing that helps give you relief.

What To Do Next If You Are In Pain And The "X" Factor

Here is the "X" factor many do not consider that might be the difference between you getting the best possible treatment or not.

Many experts suggest choosing a medical clinic that offers all these treatments and has the proper, most advanced technology all under one roof without the need for a surgical center or hospital.

Major Savings In Time And Costs Of Care?

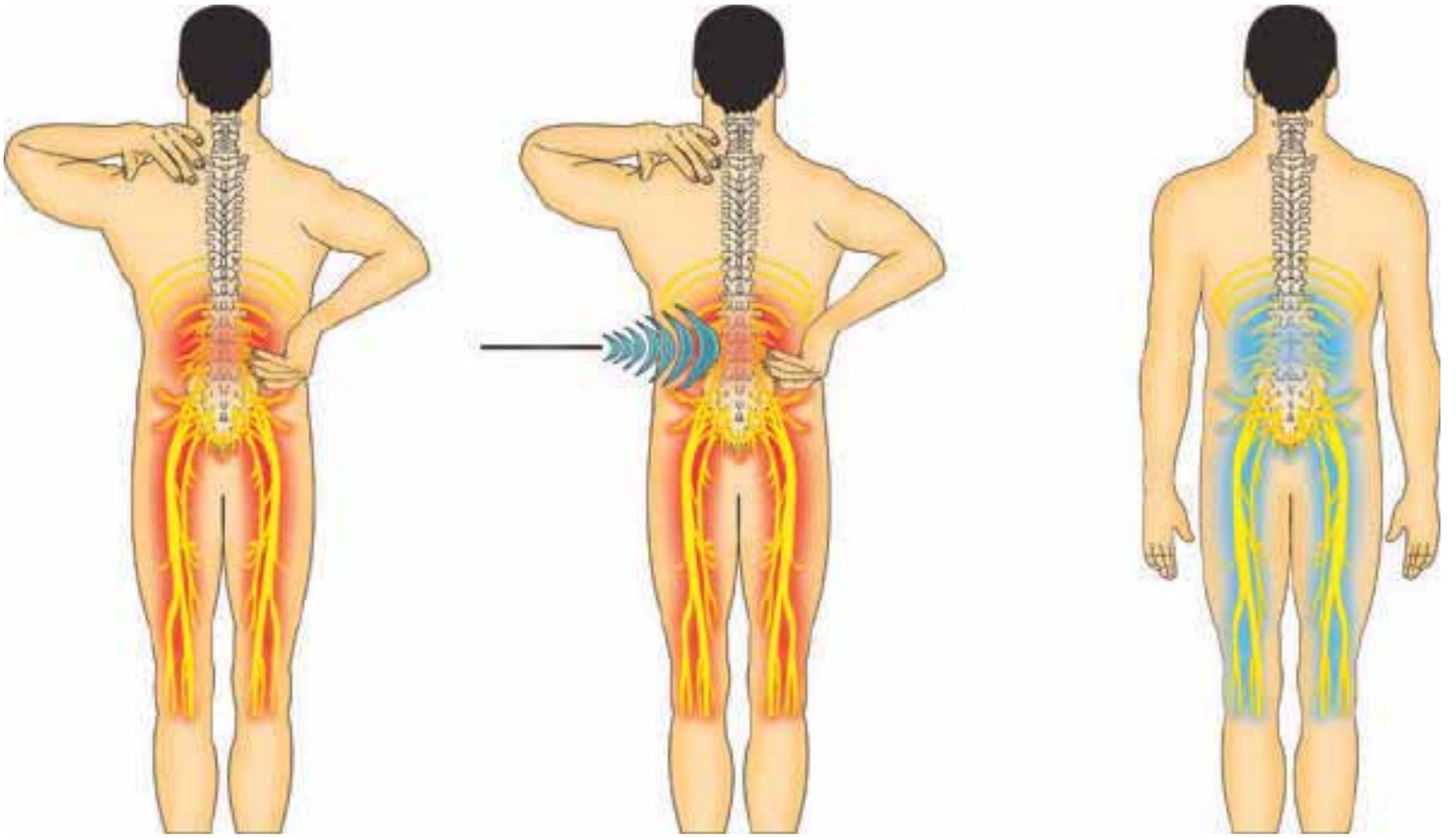
NYC Pain MD's method allows you to avoid expensive

c For Promising Back Pain Treatment

r Greatly Reduce Even The Most Severe Back Pain...

ow - No Matter How Bad The Pain Is Or How Many Other Treatments Have Failed

Advanced Treatment Uses Radio Frequencies To Relieve Serious Neck & Back Pain



Science rescues back & neck pain sufferers?: Radio Frequency Waves are used to block the nerve supply to the painful area and may alleviate pain and restore function to many

hospital or out patient surgi-center facility fees which often run 3 to 4 times the cost of the procedure itself. And you don't have to go through the huge stress and time consuming process of going all over the city to outside centers. All the *NYC Pain MD* treatments can be done in our in-office procedure suites saving you stress, time and dollars.

NYC Pain MD believes this additional "X" factor is one of the reasons so many back pain sufferers travel from all over to be treated at their advanced medical center.

Your Invitation

NYC Pain MD offers limited number of complimentary back and neck pain screenings every month. These screenings are a way for pain sufferers to get some of their questions answered and see if they are candidate for one of the cutting-edge treatments offered at *NYC Pain MD*. If you would like complimentary screening, just call 877-503-8540 and tell the scheduling co-ordinator who answers the phone, "I would like a complimentary back pain screening."

The screenings fill up fast every month. If you do not call in time to get one this month, the expert will schedule you for next month.

This screening is at no cost and no obligation.

Many of the treatments offered are covered by many insurance plans an traditional medicare.

Call 877-503-8540 for your free screening and find out if you can get out of pain today

NYC PAIN MD

"Non Surgical Medical Relief For Spine & Joint Pain"

PainMDNY.com

Where healthy careers begin.

Massage Therapy

Associate Degree Program

OTHER PROGRAMS INCLUDE:
Advanced Personal Training • Nursing
Surgical Technologist • Medical Billing •
Clinical & Administrative Medical Assistant •
Clinical Medical Assistant & Personal Training

Give us a call to get started
646.738.3860

Swedish Institute College of Health Sciences

Visit our Admissions Office at
151 West 26th Street
New York, NY 10001
swedishinstitute.edu

Swedish Institute's programs are registered with and regulated by the New York State Education Department. Accredited by ACCSC. For important information on program costs, completion and placement rates, median debt incurred, etc., please visit http://www.swedishinstitute.edu/disclosures.

Free Health Information Session

REGENERATIVE MEDICINE: TREATMENT FOR JOINT PAIN AND INJURIES

Hear from our rehabilitation expert about regenerative medicine and how it can help with painful orthopedic conditions

Date: Wednesday, June 20 | 5:00 – 6:45 pm

Location: 240 East 38th Street

This event is free and open to the public. For more information or to RSVP call 212-263-6952 or email RuskRSVP@nyumc.org

Presented by NYU Langone's Rusk Rehabilitation

NYU Langone Health

Living in New York City is getting more expensive in every way, showing the impact of the affordability crisis.
WIKIMEDIA COMMONS

How (un)affordable is NYC? Interactive tool shows rising affordability crisis

Comptroller Scott M. Stringer released an interactive tool to shed light on the growing affordability crisis and the costs of living in New York City.

KRISTIN TOUSSAINT
kristin.toussaint@metro.us

It's no secret that living in New York City is expensive, but a new tool from NYC Comptroller Scott M. Stringer gives more details on how the affordability crisis here has grown.

Stringer's office released an interactive tool called the Affordability Index to break down a middle-income New Yorker's budget, see where costs are going up and analyze challenges that residents here face.

Costs for basic necessities like housing, transportation, health- and child-care and food have risen at nearly twice the rate of incomes, according to the index. Living in New York City is getting more expensive in multiple ways, meaning New Yorkers are unable to save for the future.

Stringer's office looked at four types of households living in New York City: single adult ($50,000 income); single parent with two children ($41,000 income); married couple ($106,000 income); and married couple with two children ($97,000 income).

4%

While typical household incomes increased by 2.7 percent per year for a single parent or 1.8 percent for a single adult household, median rents in New York City increased on average by 4 percent a year.

"We all feel the squeeze from incomes that lag behind rising costs — but now, we're showing exactly what that means for New Yorkers across our city," Stringer said in a statement. "Over the last decade, the money that New Yorkers could be putting away — for retirement, for college, or even for a simple family night out — has been shrinking."

One glaring, growing burden is the cost of housing. While typical household incomes increased by 2.7 percent per year for a single parent or 1.8 percent for a single adult household, median rents in New York City increased on average by 4 percent a year.

"Talk to a New Yorker for more than five minutes and you'll find yourself talking about housing costs," said Kristin Morse, executive director of The New School Center for New York City Affairs, which focuses on how public policy impacts low-income New Yorkers.

Though the tool may be limiting since it focuses on median incomes, Morse said it still helps shed light on the struggles New Yorkers are facing.

What I find useful about the Affordability Index is that it shows — in a really clear way — the "upward trend of most major expenses," she said. "Of course, housing leads the way — but the comptroller's tool also shows rising child care, health care, and transportation costs. Policies like the half price metro cards currently being negotiated by the mayor and council could make a real dent in the monthly expenses of low-income families. Each of these different expense categories represents potential policy levers for struggling New Yorkers."

The index will be updated annually to monitor New Yorkers' economic struggles. See more at comptroller.nyc.gov/reports/affordability-index.

the GRUMBLE

Styrofoam is bad, but so are its alternatives

BY EVA KIS, GOING OUT EDITOR, METRO NEW YORK

Eva Kis
Going Out Editor

Styrofoam keeps things hot or cold better than anything else. But there has to be a more environmentally friendly way to do that. GETTY IMAGES

Today we have a special Op-Ed Grumble from our own Going Out editor, Eva Kis, and her love-hate relationship with Styrofoam and the ban that was recently passed here in New York City. Take it away, Eva!

The ocean is in trouble, and we can all agree that more needs to be done to save a natural resource responsible for recycling our air and providing our food.

New York has been fighting to ban one of the worst pollutants, single-use styrofoam containers, since the Bloomberg administration. Last week, Mayor Bill de Blasio's office finally cleared the last legal hurdle to make the City Council-approved bill law.

This is great news, but now it's time for the restaurant industry to innovate. Dunkin' Donuts got ahead of the curve and discontinued the use of Styrofoam cups back on May 1, but its flimsy cardboard sleeves do little to keep heat from seeping through its new paper cups. One of my favorite food trucks, Gyro House, already serves its food in aluminum containers, but the heat is so intense they have to be carried in a plastic bag — another major waste culprit.

So thank you, Judge Margaret Chan, for your leadership on this issue. Now we need real food container solutions to keep New Yorkers' fingers safe, too.

READER RESPONSES:

SWEATY RUNNERS INVADING MY SPACE!!!

My grumble is with runners. They come right next to you as you are sitting on a park bench — practically nude and dripping with perspiration and smelling of body odor. Do they think someone wants to look at them while they are sitting on a bench? In the parks along the Hudson River this is especially annoying as they run in the small space between the benches and the railing on the river. They have wide paths and no need to be in this space.
- Robert Evans, *Metro New York reader*

Tell us what you think!
@metro newyork

VENT TO US!
GRUMBLE@METRO.US

#metronewyork

caption this photo

Every day we will post a new photo and give you the chance to send in the funniest caption to go along with it. We'll publish the best caption the following day. Send us your best ideas to **@metronewyork @metroboston @metrophilly**

Jane Rousseau, *Metro New York reader*

TOMORROW'S PHOTO:

the GRUMBLE @metro
Tweet us how you feel about people using wheelies as reliable mass transit - @metronewyork
Send us a photo and a Grumble of your own for the chance to appear in print and win a $25 Amazon gift card!
email us at grumble@metro.us or tweet us @metronewyork

metro.us/horoscopes

Aries Learn all you can about someone before you open up about your personal life or intentions. Don't let anyone put demands or pressure on you. Implement a healthier lifestyle.

Taurus Don't make an unnecessary change. The cost will be greater than what your budget can handle. Avoid unpredictable individuals. Let experience be your guide.

Gemini Listen carefully to what's being asked of you before you agree. Don't let someone from your past disrupt your personal interests. Joint ventures are best avoided.

Cancer If you get creative and do things differently, you'll be surprised at the response you get. An open mind will help you bypass negativity. Bring joy into your life.

Leo Listen and respond from the heart. Being true to yourself and your beliefs will make your life easier. Don't let clutter and past problems hold you back.

Virgo Look at what you can accomplish, not at what you cannot. If you focus on family and finding out all you can about your heritage, it will change how you move forward.

Libra You know what you must do, so stop procrastinating and start tying up loose ends. The less you leave undone, the fewer complaints you will face.

Scorpio You know what you must do, so stop procrastinating and start tying up loose ends. The less you leave undone, the fewer complaints you will face.

Sagittarius Someone will present something that sounds good, but get the lowdown and consider the consequences before you decide to get involved. Joint ventures aren't in your best interest.

Capricorn Sink your teeth into something you find mentally stimulating. What you discover will help you broaden your horizons and encourage you to make serious plans.

Aquarius Don't feel you must do things in a big way to get noticed. Your ability to innovate and stick to a budget will make a difference.

Pisces Confusion will set in when it comes to emotional matters. Set the record straight if someone gets the wrong impression. Personal improvements should be considered. Love is on the rise.

Sherlock on the porch

See the world's most famous detective in a mystery set on the grounds of Manhattan's oldest house.

EVA KIS
eva.kis@metro.us

"The Final Adventure" brings together two of the detective's greatest foes. VINCENT CARBONE

First, there was Shakespeare in the Park. Now, there is Sherlock Holmes on the lawn.

Manhattan's oldest house is turning its grounds over to a play starring the famous detective. Morris-Jumel Mansion in Harlem, where former Vice President Aaron Burr once lived, is staging "Sherlock Holmes: The Final Problem" on its grounds during several evenings in June.

"The audience sits on the [stone terrace] in front of the house, and they watch the action of the play unfold on the [terrace], steps and porch of the house," director Vincent Carbone, who coordinates public programs at the historic home.

The play by Steven Dietz merges two of Sir Arthur Conan Doyle's classic stories, A Scandal in Bohemia and The Final Problem, to bring together Holmes' best-known foes: "In this one story, he's trying to outsmart and outwit Professor Moriarty while also coming to the aid of Irene Adler."

The cast of eight will be dressed in entirely in black, white and shades of gray, a color palette that carries through to the props and sets. "This is all done in an effort to convey this message that the world of the play is like a chess board and everyone — Moriarty, Holmes, Irene Adler — are all positioning themselves and using strategy to outsmart each other."

Every show at Morris-Jumel has a connection to the 1800s, when its most influential resident Eliza Bowen (then Jumel, then Burr) thrived there as a female entrepreneur, living to age 90. "Whenever we do a show here, we want to do something that's within roughly the timeline of something Eliza Jumel would've watched or was within her time period," says Carbone. Past shows have included The Importance of Being Earnest, which took the audience through the house and gardens to watch the show in the settings Oscar Wilde intended, and Dracula.

Since "The Final Adventure" takes place entirely outdoors, if the chance of rain is greater than 50 percent an hour and a half before showtime, the show will be canceled. Audiences can exchange their tickets for a different date or get a refund.

As for how they'll recreate Holmes and Moriarty's infamous tussle without having access to a waterfall, you'll just have to see the show to find out.

Sherlock Holmes: The Final Adventure plays June 15, 17, 18, 22, 23 and 24 at 8 p.m. Tickets are $25-$30. Morris-Jumel Mansion is located at 65 Jumel Terrace, Harlem; morrisjumel.org

Just a few of Dog Haus' spicy-sweet hot dogs — get 'em at the Chefs Club Counter pop-up all summer. **PROVIDED**

California makes better hot dogs

Summer demands cookout food, and whatever the weather you'll find craft hot dogs hot off the grill at Dog Haus. California's popular gourmet hot dog counter is spending the season at its first New York location in SoHo, opening June 12 at Chefs Club Counter (62 Spring St.)

Don't expect any of your dirty water dogs here — there's not even the standard toppings of sauerkraut, relish and raw onions. Dog Haus is uncompromisingly West Coast, even bringing a couple of breakfast burritos if for some reason you don't consider giant hot dogs a breakfast food.

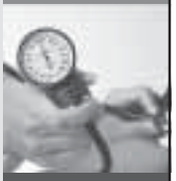
Proteins include their signature plump all-beef hotdog (also comes wrapped in bacon), housemade sausages and the Beyond Sausage. The toppings are where it gets wild. All dogs are customizable with options like som tum slaw, fried egg, red curry sauce and lots of jalapeños (fresh and pickled), or choose one of their set dogs with names you'll feel silly saying out loud like the Sooo Cali (arugula, avocado, tomato, crispy onions, spicy basil aioli) and Me SoHo-NY (Hawaiian lava mayo, pickled red cabbage, chili oil).

And there's one way Dog Haus is definitely different from all other hot dog stands: all of its dogs are served on King's Hawaiian rolls. Even if you don't think fancy sauces or kaffir peanuts do much for a hot dog, there's really no disputing this bit of culinary innovation.

Prices are $9-$10 for hot dogs, plus three burger options (beef, chicken snitzel, veggie) for $12-$13. Dog Haus also carries an extensive selection of local and national craft brews, as well as wines, with a giant TV and open dining room made for game days.

Dog Haus is open Mon-Thurs 8 a.m.-10 p.m. and Fri-Sun 9 a.m.-10 p.m. **EVA KIS**

DO YOU HAVE
HIGH BLOOD
PRESSURE?



You're invited to take part in a study near you that is evaluating an **investigational device for its ability to lower high blood pressure.**

You may qualify if you're **between 20–80 years old** and have high blood pressure or are taking medications to manage your high blood pressure.

To learn more about this study and to see if you're eligible:

Visit www.**high**blood**pressure**trials.com

Call 877-526-7980

© 2016 Medtronic. All rights reserved. Medtronic, Medtronic logo and Further, Together are trademarks of Medtronic. All other brands are trademarks of a Medtronic company.
V1.0 30Sep2016

Medtronic
Further, Together

Free
Implant
CONSULTATION

Missing teeth?
Loose dentures?
Get implants, chew better!

- Free Financing Available
- Permanently Replace Missing Teeth
- Se Habla Espanol
- Awarded New York's Top Cosmetic Dentist
- Most Insurances Accepted

Over 20 years of experience

Our Convenient Location
(250 East 58th St NY, NY 10022), Near all major trains
NewCenturysmile.com | Call (212) 752-2212

Feet Hurt? Bunions?
Hammertoes? Heel Pain?

Platelet Rich Plasma Therapy (PRP)
A new approach for treating Tendon Injuries for the Achilles, Tendonitis and Plantar Fasciitis (Heel and Arch Pain)

Take The Foot Health Checkup

- My toenails are streaked, discolored and thickened.
- The sides of my toenails dig into the skin and hurt.
- I have a large bump behind my big toe (or little toe) which is always red.
- I get an extremely painful "cramp" in the area of my third and fourth toes when wearing shoes.
- My toes aren't straight- they are all cocked-up, bent and hurt.
- I have painful calluses on the ball of my foot which keep building up.
- I have corns on my toes which get thick no matter what shoe size I wear.
- The bottoms of my feet hurts all day, but it's worse when I step out of bed in the morning.
- I have cramps in my legs which always happen when I walk the same distance.
- My ankles are swollen most of the time.
- My feet are always dry and scaly – sometimes they itch.
- My feet just hurt all over when I stand or walk a lot.
- I have numbness, burning, infection, persistent pain, skin rash, or open sores.

If any of these apply to you...
Call today.
Patient is responsible for co-pays & deductibles
most insurance plans accepted complete family foot care laser surgery available

Relief For Chronic Heel Pain

Now Featuring genesisplus
New FDA Laser Treatment For Nail Fungus, Scars & Warts
CUTERA

After
Before

New Treatment For Heel Pain, Shockwave, PRP (platelet rich plasma) as seen on the front page of The New York Times

The Most Advanced Techniques Used For Bunions & Hammertoe Correction

Downtown location
65 Broadway Suite 1103
Financial District
NYC, NY 10006
212-486-7333

Midtown location
121 E. 60th St.
New York City, NY
212-486-7333
Paul Drucker DPM
Jordan Drucker DPM

235 East 22nd Street
(between 2nd and 3rd Ave)
T 212-486-7333
184 west 70th st
212-772-3500

Joel Silver talks us through 'SuperFly's' intense production

The legendary producer has been trying to get the reboot made for 20 years.

GREGORY WAKEMAN
Gregory.Wakeman@metro.us

Stay fly. QUANTRELL D. COLBERT

Joel Silver has been trying to get a remake of "SuperFly" made for the past two decades.

This gave the legendary producer of "Lethal Weapon," "Die Hard," "Predator" and "The Matrix" plenty of time to figure out exactly what he wanted to incorporate, modernize and adapt from the 1972 cult crime classic, which revolves around a cocaine dealer trying to escape the business. But nothing could have prepared Silver for the lightning quick turnaround of production once the film was officially greenlit.

"We started shooting in January and the movie opens tomorrow," Silver recently explained to Metro. That's just over five months from the first day of filming to "SuperFly" hitting cinemas. Which, when you consider that most other films of this size are shot at least over a year, sometimes 18 months, before they're released, makes "SuperFly" a movie miracle.

"That was Tom Rothman," Silver says. "Sony said that if we can get the movie out this summer, and you can make it for the right price, and you can make it right away, let's do it. And we said, 'OK.'

"He just gave me a date for the movie of June 15. Which was a good date," he adds. "People do that now. They look at the calendar and figure out the best date for a movie like this and then try to get it ready for then."

Thankfully for "SuperFly," Silver already knew exactly what he wanted, as he had long sought the "best music video director out there at the moment, who could give the movie credibility."

That filmmaker was Director X, who had worked with Rihanna, Drake, Jamie Foxx, Wiz Khalifa and Kendrick Lemar to name but a few, and, as you'd expect, Silver couldn't help but wax lyrical about what he brought to the film.

GETTY

"X is a very stylish guy. He has a great sense of style of design," Silver says. "I loved how he had worked with the artists that he had worked with and how he moved the camera. Plus I thought he could tell a good story. Like me, he wanted to use Atlanta, and make it feel like the centre for the culture, too, which was important.'"

It was very important, because the city of Atlanta is basically a character in a movie. In fact, Silver even called "SuperFly" a love letter to the bustling metropolis.

"It is a valentine to the city of Atlanta," he says. "Atlanta is an intoxicating, incredibly exciting place right now. The music, the food, the culture, the clothes, it is just a great kind of vibrant city.

"I've shot a lot of movies in Atlanta, a lot of the Marvel movies are shot in Atlanta, but they're not using Atlanta for Atlanta," Silver adds. "This movie is about Atlanta, it is Atlanta and it is because of Atlanta."

"SuperFly" opens in theaters on June 13.

Accredited by The Joint Commission
For Office Base Surgery

"Your Complete Footcare Facility"

- **Bunions and Hammertoes** (Minimal Invasive Surgery)
- **Heel or Arch Pain** (Hyprocure to Correct Painful Flat Feet – Heel and Arches)
- **Laser Treatment for Nail Fungus** ($500 Dollars Until August 1st)

Dr. Larry Cohen, DPM
PODIATRIC MEDICINE & SURGERY

Midtown Location
Walking Distance to Grand Central Station
36 West 44th Street, Suite 610, New York, NY 10036
212-391-1279

coolsculpting
FREEZE OFF YOUR FAT FOREVER!
NO DOWNTIME.
RESULTS IN AS LITTLE AS 3 WEEKS.
BUY 1 GET 1 FREE
Beauty and Youth Spa Has Joined our Staff

LASER HAIR REMOVAL
Permanent
Small area $50
Medium area $75
Large area $99
Full Body Incl. Face $249

2 FOR $50 WAX:
Full Legs, Full Arms, Bikini, Brazilian, Back, Buttocks or Chest
FULL BODY WAX $69

LASER PACKAGE
Zerona - Lose 3-9 inches 6 for $199
Vela-shape Cellulite 4 for $299
Cavi Lipo Fat Reduction 6 for $299

$50 SPA SPECIALS
- Deep Pore Facial
- Microdermabrasion.. Reduce Brown Spots
- Oxygeneo... Revitalize Skin, Reduce White Spots
- Slimming Body Wrap
- UV Gel Manicure with UV Gel Pedicure

Laser, Slimming & Anti Aging Spa
Expires June 30th, 2018
180 7th Ave. South, Between W. 11th St. & Perry St.
212-229-1389 | WWW.NYLASER.NET

Madelyn Deutch inspired her famous family to join 'The Year of Spectacular Men'

"I wanted to make a story that no-one else would make."

GREGORY WAKEMAN
Gregory.Wakeman@metro.us

The new film opens in theaters and VOD services this weekend. PARKSIDE PICTURES

"The Year of Spectacular Men" is a timely, captivating reminder of the power of the romantic-comedy. While most major movie studios now ignore the genre in favor of big, explosive blockbuster franchises and their sequels, "The Year of Spectacular Men" proves that, when done right, no other kind of film can provoke a smile as quickly and affectingly.

But it's not just its depiction of the charmingly quirky and innately effervescent Izzy (Madelyn Deutch) and her various romances over the course of 12 months in several U.S. cities that makes "The Year Of Spectacular Men" shine. Instead, it's the family dynamic between Deutch and her co-star/sister Zoey Deutch, as well as the supporting role/direction of their mother Lea Thompson that really adds a weight and extra layer of interest to the film.

Madelyn recently revealed to Metro that her original intention was simply "to make a story that no-one else would make."

"I wanted to make content for a demographic that people do not make TV and movies for," she says.

Thompson was immediately keen to get involved, too, especially as she saw the potential to make a relevant, social point. "It needed to be done," Thompson says. "There hasn't been a movie that has been written about sisters, written by sisters, acted by sisters. Sisterhood is really important right now."

But Thompson also recalled how the origins of "The Year of Spectacular Men" came from a much darker place, too.

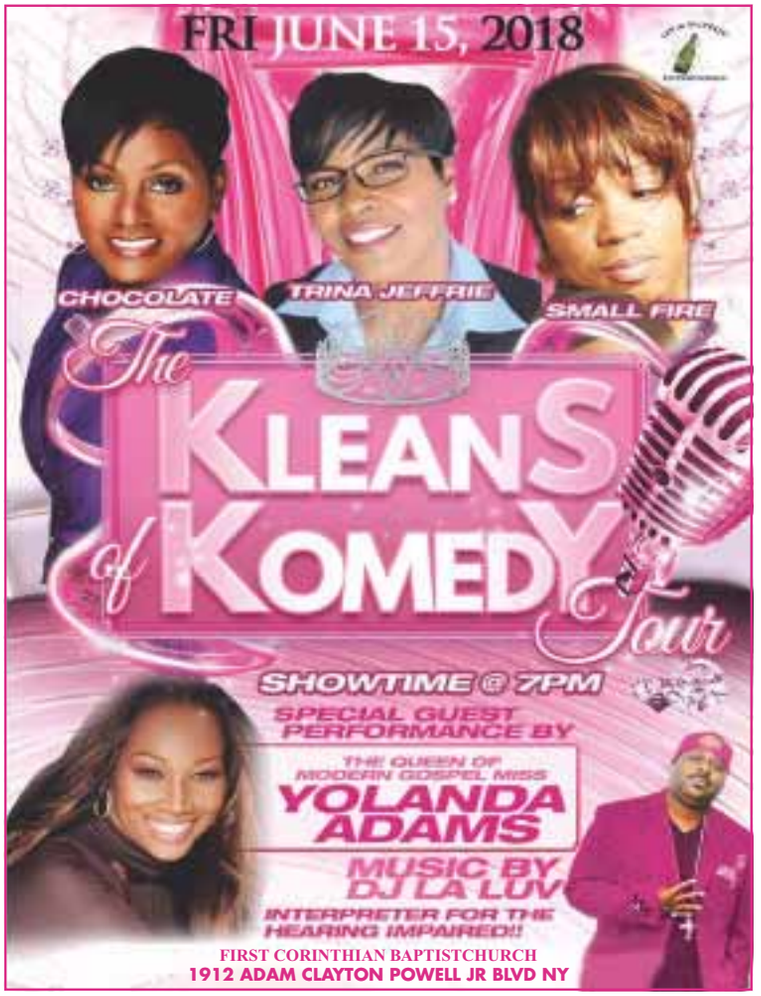
"Madelyn was having a really bad year after just coming back from college," Thompson says. "She's always been a really great writer, from first grade to second grade and so on. And she had always wrote songs, really great lyrics."

"What is interesting about a writer is that it is very exposing, and you really have to expose yourself. Not everyone has the disposition for it. But she just had that courage. I just knew she had this gift. Not only this gift, but writers just have to get this stuff out," she adds. "I think I hope I inspired to write it. I wanted her to write to get out of the funk that she was in and work out the problems that she had had. Most people don't actually do it. They talk about it, but don't actually do it. I was so impressed when she did it."

Madelyn, who started work on the script at the end of 2013, admits, "Storytelling just felt like the natural way to deal with stuff." So much so that once the script was complete, Lea and Zoey instantly became inspired, and were willing to go to any lengths to make "The Year of Spectacular Men" a cinematic reality

"Then we were like, 'Let's do this.' Kind of like the old-fashioned movies where we were like, 'I'll do the costumes, you do this'," recalls Thompson. "We were just inspired to do something on our own. We have always been a working family. We cook together, sew together, so it felt naturally to work together in this capacity."

"The Year Of Spectacular Men" debuts June 15.



ISTOCK

Live better with less

Minimalism, a recipe for happiness.

LAURA SENGLER MWN
letters@metro.us

What if happiness were in simple things? Less pressure, less clutter, less stress and more time and space to do the things that make us happy.

Nothing could be easier, as Regina Wong, author of the blog "Live well with less," says in her book "Make Space: A Minimalist's Guide to the Good and the Extraordinary." A true "antidote to the American Dream" that must be carefully preserved.

Wong found that adopting minimalism could be life-changing. Her career in telecommunications included a salary that allowed her to do "shopping therapy" as soon as she felt the need to balance her stressful daily life. But after 15 years in this environment, and after really questioning it, it was through minimalism that she finally found her path to happiness. Her motto is "live more with less."

Life philosophy

A true discovery that led her to find the true meaning of existence. As Wong explains, minimalism allows us to "reevaluate [our] priorities to [get rid] of excess and superfluity — all possessions, beliefs, ideas, habits, relationships and activities that do not add value to [our] lives — and [focus on] what is positive."

Getting rid of the objects that invade our vital space is a "first step" that cannot be ignored in order to empty and refocus on oneself. Minimalism is also a "physical, mental, emotional and even financial change," says the author.

Remove what's superfluous

Accumulating objects and thoughts is not as insignificant as one might think, according to the writer. "We spend our time clinging to things for many reasons: after a death, for example, a breakup ... or because we lack something to fill a void, occupy space."

A key factor in excessive consumption is "the belief that the things we possess define who we are, and that their number and nature reflect our value".

To advance in the path of minimalism, the important thing is to ask ourselves why we continue to consume or cling on to certain objects in this way.

"The best way to determine what is important is to see what we cannot live without," she says.

For this to be successful, it is better to proceed "in order and at once," preferably within three months.

Wong says it is useless to keep an object simply because we have invested time or money in it if it does not contribute in anything to our life.

Furthermore, it is not about "suffering from poverty," she says, or seeing minimalism as something that is "anti-consumption," but rather about "leading an intentional existence made up of conscious choices."

The goal is "to find what you need, what is essential for [our] happiness and well-being, and to satisfy [our] needs."

Letting go

"Living better with less is not only limiting our possessions to what brings us joy, but also limiting tensions about our mental and emotional well-being."

This extends to our relationships with friends and relatives.

"We must distance ourselves from those who hurt us, who do not bring us anything, drain out all our energy and reserve this energy for those who make us happy and support us."

On a daily basis, it is also about "examining [our] various commitments, [our] activities, and retaining only those from which [we] obtain more pleasure, results or fulfillment."

"Letting go is a real challenge, a process that takes time" that has to go step by step. For Regina Wong, we should not rush things, but allow ourselves "time and space" for change to take place.

"Living better with less is not only limiting our possessions to what brings us joy, but also limiting tensions about our mental and emotional well-being." *Regina Wong, author of the blog 'Live well with less'*

www.metro.us

Affordable Housing for Rent

LINCOLN PARK APARTMENTS
27 NEWLY CONSTRUCTED UNITS AT 31-33 LINCOLN ROAD, BROOKLYN, NY 11225
PROSPECT LEFFERTS GARDENS

Amenities: On-site super, fitness center, resident lounge, indoor parking lot*, roof deck, courtyard, elevator, individual storage units* (*additional fees apply).

Transit: Trains - B, Q, Franklin Avenue Shuttle - **Buses –** B12, B16, B41, B43, B48, B49

No application fee • No broker's fee • Smoke-free building

This building is anticipated to receive a Tax Exemption through the 421-a Tax Incentive program of the New York City Department of Housing Preservation and Development.

Who Should Apply?

Individuals or households who meet the income and household size requirements listed in the table below may apply. Qualified applicants will be required to meet additional selection criteria. Applicants who live in New York City receive a general preference for apartments.

Preference for a percentage of units goes to:

- Mobility-disabled applicants (5%)
- Vision-or hearing-disabled applicants (2%)

AVAILABLE UNITS AND INCOME REQUIREMENTS

Unit Size		Monthly Rent[1]	Units Available		Household Size[2]	Annual Household Income[3] *(Minimum – Maximum)*[4]
Studio	130% AREA MEDIAN INCOME (AMI) UNITS	$1,807	6	→	1 person	$61,955 - $95,030
1 bedroom		$2,270	6	→	1 person	$77,829 - $95,030
					2 person	$77,829 - $108,550
2 bedroom		$2,733	15	→	2 people	$93,703 - $108,550
					3 person	$93,703 - $122,070
					4 people	$93,703 - $135,590

[1] Tenants pays for electricity.
[2] Household size includes everyone who will live with you, including parents and children. Subject to occupancy criteria.
[3] Household earnings includes salary, hourly wages, tips, Social Security, child support, and other income. Income guidelines subject to change.
[4] Minimum income listed may not apply to applicants with Section 8 or other qualifying rental subsidies. Asset limits also apply.

How Do You Apply?

Apply online or through mail. To apply online, please go to nyc.gov/housingconnect. To request an application **by mail, send a self-addressed envelope to: Lincoln Park Apartments c/o The Wavecrest Management Team, 87-14 116th Street, Richmond Hill, NY 11418.** Only send one application per development. Do not submit duplicate applications. Do not apply online and also send in a paper application. Applicants who submit more than one application may be disqualified.

When is the Deadline?

Applications must be postmarked or submitted online no later than **July 18, 2018.** Late applications will not be considered.

What Happens After You Submit an Application?

After the deadline, applications are selected for review through a lottery process. If yours is selected and you appear to qualify, you will be invited to an appointment to continue the process of determining your eligibility. Appointments are usually scheduled from 2 to 10 months after the application deadline. You will be asked to bring documents that verify your household size, identity of members of your household, and your household income.

Español Presente una solicitud en línea en nyc.gov/housingconnect. Para recibir una traducción de español de este anuncio y la solicitud impresa, envíe un sobre con la dirección a: **Lincoln Park Apartments c/o The Wavecrest Management Team, 87-14 116th Street, Richmond Hill, NY 11418.** En el reverso del sobre, escriba en inglés la palabra "SPANISH." Las solicitudes se deben enviar en línea o con sello postal antes de **18 de julio 2018.**

简体中文 访问 nyc.gov/housingconnect 在线申请。如要获取本广告及书面申请表的简体中文版，请将您的回邮信封寄送至：**Lincoln Park Apartments c/o The Wavecrest Management Team, 87-14 116th Street, Richmond Hill, NY 11418.** 信封背面请用英语注明"CHINESE"。必须在以下日期之前在线提交申请或邮寄书面申请2018年7月18日。

Русский Чтобы подать заявление через интернет, зайдите на сайт: nyc.gov/housingconnect. Для получения данного объявления и заявления на русском языке отправьте конверт с обратным адресом по адресу **Lincoln Park Apartments c/o The Wavecrest Management Team, 87-14 116th Street, Richmond Hill, NY 11418.** На задней стороне конверта напишите слово "RUSSIAN" на английском языке. Заявки должны быть поданы онлайн или отправлены по почте (согласно дате на почтовом штемпеле) не позднее **18 июль 2018.**

한국어 nyc.gov/housingconnect 에서 온라인으로 신청하십시오. 이 광고문과 신청서에 대한 한국어 번역본을 받아보시려면 반송용 봉투를**Lincoln Park Apartments c/o The Wavecrest Management Team, 87-14 116th Street, Richmond Hill, NY 11418.**으로 보내주십시오. 봉투 뒷면에 "KOREAN" 이라고 영어로 적어주십시오. 2018년7월18일까지 온라인 신청서를 제출하거나 소인이 찍힌 신청서를 보내야 합니다.

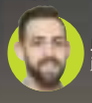
Kreyòl Ayisyien Aplike sou entènèt sou sitwèb nyc.gov/housingconnect. Pou resevwa yon tradiksyon anons sa a nan lang Kreyòl Ayisyen ak aplikasyon an sou papye, voye anvlòp ki gen adrès pou retounen li nan: **Lincoln Park Apartments c/o The Wavecrest Management Team, 87-14 116th Street, Richmond Hill, NY 11418.** Nan dèyè anvlòp la, ekri mo "HATIAN CREOLE" an Anglè. Ou dwe remèt aplikasyon yo sou entènèt oswa ou dwe tenbre yo anvan dat **jiyè 18, 2018.**

العربية تقدم بطلب عن طريق الإنترنت على الموقع الإلكتروني nyc.gov/housingconnect. للحصول على ترجمة باللغة العربية لهذا الإعلان ولنموذج الطلب الورقي، أرسل مظروف يحمل اسمك وعنوانك إلى: **Lincoln Park Apartments c/o The Wavecrest Management Team, 87-14 116th Street, Richmond Hill, NY 11418.** على الجهة الخلفية للمظروف، اكتب باللغة الإنجليزية كلمة "ARABIC". يجب إرسال نماذج الطلبات عن طريق الإنترنت أو ختمها بختم البريد قبل **18** يوليو، 2018.

Mayor Bill de Blasio • HPD Commissioner Maria Torres-Springer

21 New York Wednesday, June 13, 2018

2018 World Cup preview: Group H



JOE PANTORNO
joseph.pantorno@metro.us

POLAND

"THE WHITE AND REDS"

TIMES QUALIFIED: 8
LAST APPEARANCE: 2006
BEST FINISH: 3rd ('74, '82)
WORLD RANKING: 8th

THE STAR
ROBERT LEWANDOWSKI

CLUB TEAM
BAYERN MUNICH (GER)

We have never seen a Poland team this good before as last year saw the White and Reds achieve an all-time best ranking of fifth in the FIFA World Rankings.

While there has been a slight slip due to the form of some key players, striker Robert Lewandowski continues to be the straw that stirs Poland's drink.

The Bayern Munich man scored 41 goals in all competitions for the Bavarians and a record 16 goals in World Cup qualifying for his country.

Defense remains an issue though as star center back Kamil Glik picked up a shoulder injury that puts his tournament in doubt.

COLOMBIA

"LOS CAFETEROS"

TIMES QUALIFIED: 6
LAST APPEARANCE: 2014
BEST FINISH: 5th (2014)
WORLD RANKING: 16th

THE STAR
JAMES RODRÍGUEZ

CLUB TEAM
BAYERN MUNICH (GER)

Colombia isn't going to surprise the world like it did in 2014 when James Rodriguez exploded onto the scene and quickly became a household name.

But one could argue that Los Cafeteros are even better than they were four years ago when they made the quarterfinals.

Striker Radamel Falcao, who missed the 2014 tournament due to injuries, is playing some of his best soccer with Monaco while the defense is much improved thanks to the emergence of Davinson Sanchez and Yerry Mina.

GROUP H SCHEDULE

JUN. 19, 8 AM
COLOMBIA v. JAPAN

JUN. 19, 11 AM
POLAND v. SENEGAL

JUN. 24, 11 AM
JAPAN v. SENEGAL

JUN. 24, 2 PM
POLAND v. COLOMBIA

JUN. 28, 10 AM
SENEGAL v. COLOMBIA

JUN. 28, 10 AM
JAPAN v. POLAND

FIFA WORLD CUP
RUSSIA 2018

01 DAY

SENEGAL

"THE LIONS OF TERANGA"

TIMES QUALIFIED: 2
LAST APPEARANCE: 2002
BEST FINISH: 7th (2002)
WORLD RANKING: 27th

THE STAR
SADIO MANE

CLUB TEAM
LIVERPOOL (ENG)

It's been 16 years since Senegal shocked the world and became the second African team to make the quarterfinals of a World Cup after victories over France and Sweden. While the names have changed, the similarities really haven't.

Instead of El Hadji Diouf up top, Senegal boasts Liverpool star man Sadio Mane, who scored the Reds' lone goal in the Champions League Final last month against Real Madrid. His agility and attacking insticts will prove vital for Senegal's counter-attacking style.

JAPAN

"SAMURAI BLUE"

TIMES QUALIFIED: 6
LAST APPEARANCE: 2014
BEST FINISH: 9th ('02, '10)
WORLD RANKING: 61st

THE STAR
KEISUKE HONDA

CLUB TEAM
PACHUCA (MEX)

Japan might be the messiest club heading into the 2018 World Cup.

In April, the team dismissed its manager Vahid Halilhodzic, who led Algeria to the Round of 16 at the last World Cup in Brazil, and replaced him with technical director Akira Nishino after a run of disappointing friendly results and questionable roster decisions.

Still, Japan has made its sixth-straight World Cup Finals and will look for veteran midfielder Keisuke Honda to piece together one final work of art for his country on the world's largest soccer stage.

1.4 million
new yorkers read **metro** every week.

source: nielsen scarborough 2017 r2. integrated newspaper audience.

for the best in local news and entertainment coverage, read **metro** in print and online at **metro.us**

metro
NEW YORK CITY NO. 1 FREE DAILY IN THE
IGGY AZALEA DUMPS NICK YOUNG
NEW YORK KNICKS
PANIC
IN THE SUBWAY
Need to Know
Millennials on a mission to spread kindness

for advertising, contact **212.457.7735** or **advertising@metro.us,** or visit **media.metro.us**

What does Isles newest hire mean for Tavares?

The Islanders hired Steve Pellegrini on Tuesday morning.

JOE PANTORNO
joseph.pantorno@metro.us

The New York Islanders announced on Tuesday morning that they have signed Steve Pellegrini as an assistant general manager under new president and GM Lou Lamoriello. He will also work alongside Lou's son and fellow assistant GM, Chris.

Pellegrini previously had been the New Jersey Devils vice president of hockey operations since 2006, working with Lamoriello for nine of the last 12 years before the Hall-of-Famer joined the Toronto Maple Leafs in 2015.

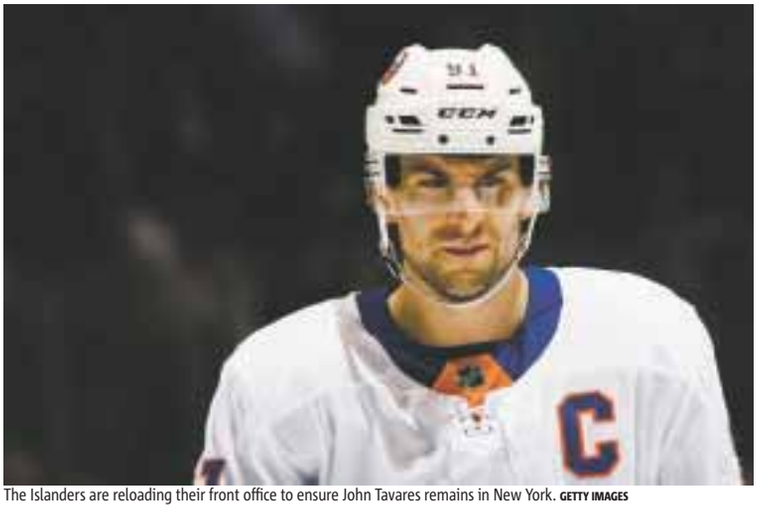
In New Jersey, Pellegrini's forte was contract negotiations and salary cap compliance as well as scouting. He helped the Devils make the postseason six times in his 12 seasons, including a trip to the 2012 Stanley Cup Final.

"Steve brings over 20 years of knowledge and experience to our hockey operations," Lamoriello added via an official team statement.

But more importantly, it adds further firepower to the Islanders' front office when it comes to the future of captain and All-Star John Tavares.

Tavares is set to hit unrestricted free agency on July 1 and would be the most coveted player available on the market should he get there. But the Islanders now have a few factors going for them, not just the face that Tavares has said all the right things, including his desire to stay with the franchise that drafted him first overall in 2009.

The Islanders secured a state-of-the-art arena in Elmont, NY, which should open in two-to-three years, that is closer to Tavares' home on Long Island. After 43 at the Nassau Coliseum in Uniondale, NY, the Islanders moved to Brooklyn in 2015 where a three-year stay at the Barclays Center has been far from fruitful. While the new arena is being built, the Islanders will split home games between Brooklyn and the renovated Nassau Coliseum.



The Islanders are reloading their front office to ensure John Tavares remains in New York. GETTY IMAGES

Now comes the part that actually matters: Success.

Despite the Islanders not making the playoffs in each of the last two seasons, things are suddenly looking up after the hiring of Lamoriello in late May. Over the last three-plus weeks, he has fired general manager Garth Snow — the main reason why the team has been stuck in neutral for the past 12 years — and inexperienced head coach Doug Weight.

Lamoriello and Tavares have already met, though the state of their talks have not been disclosed. But it's safe to assume that his future with the franchise has been discussed, which makes it imperative for Lamoriello to not only guarantee an improved roster and a contender, but to act on it this summer.

The Islanders have big issues to fill on defense and with their goaltending and will attempt to scour the trade market and free agency to find significant upgrades.

This is where Pellegrini comes in. Islanders fans should expect him to be a leading man alongside Lamoriello in negotiations with Tavares as the franchise attempts to secure him in orange and blue for the foreseeable future. Should the Islanders find a blue liner or goalie in free agency, he'll likely be tasked to coax them in signing here in New York, which would have normally been a tough sell if it wasn't for the presence of Lamoriello.

The Islanders have made the postseason just nine times since 1993 and have just two series victories during that span.

THE
MEMORY DISORDERS CENTER
AT COLUMBIA DEPARTMENT OF PSYCHIATRY

Are you or a loved one worried about having Alzheimer's disease?
RECEIVE A FREE MEMORY EVALUATION & ACCESS TO CURRENT RESEARCH STUDIES

ELIGIBLE PARTICIPANTS ARE AGES 55-95

EVALUATIONS MAY INCLUDE:

- Neuropsychological testing for memory and cognition
- Formal assessment of behavioral changes
- Physical assessments such as blood screens and EKGs
- A second opinion on a diagnosis of Alzheimer's disease
- Counseling and education in available services and studies

CONTACT US
646-774-8671

1051 RIVERSIDE DRIVE
NEW YORK, NY 10032

Is Finding The Best Treatment For Your Knee Arthritis Pain Worth 30 Seconds To You?

What if… there was a way to finally get straight answers about the most cutting-edge medical treatments for knee arthritis available today…

Answers from REAL MEDICAL DOCTORS who are experts in this field…

Doctors that have already treated THOUSANDS of knee arthritis suffers…

Doctors who will tell you exactly what your best options are and what can realistically be expected… without making huge (and false) claims… just to sell a product or service… and then deliver junk that does little or nothing for your pain?

Well… now you can.

Here is how…

NYC Pain MD is a medical clinic with 2 locations in New York City that has medical doctors specially trained in some of the most advanced, cutting edge knee arthritis treatments available today.

And they have put together an information kit that details some of these advanced medical procedures that have already helped thousands.

Including… what you need to know about joint lubricating injections, platelet rich plasma (PRP), stem cell therapy... and more.

This free information kit contains a video and report that will also explain the two arthritis treatments paths you should know about and what "Precision Arthritis Targeting Technology" is and why it has already helped so many arthritis sufferers.

How To Get Your Information Kit…

All you have to do is go to **painmdny.com/knee** and click the button that says "Click here to get a free knee arthritis treatment info kit."

Then put your name and email address in the space provided and you will be emailed a video and PDF report detailing what treatment options could be the best for your arthritis pain and how we might be able to help you.

We will also send you a way to get a free screening to see if you qualify for one of the advanced medical treatments. ***It is 100% free with no further obligation.***

If you are interested in the screening… awesome. If not, that's ok, too... at least you will have all the information and options.

And if you don't have email...

you can click the red "knee pain" button and you will instantly watch a video detailing some of your best options. If you are looking for proof... I think you will find it on this website.

After getting this information and watching the video... you will breathe a big sigh of relief knowing what your best options are and what treatments might finally relieve some or even all of your knee arthritis pain.

And let's be crystal clear about this… NYC Pain MD is a real medical clinic with real medical doctors.

You will be getting real quality information about real medical treatments.

This is NOT some fake "wonder cure." In fact… you will NEVER see any guarantee of results. This is because… in the world or science and real medicine… Guaranteeing results is impossible.

Every patients is different… and so are the results. Any doctor (or marketer!) telling you different is lying to you. I have seen some of the "miracle cure" ads that are everywhere. I bet you have too.

That being said… We will be completely upfront and honest with you. Refreshing... isn't it?

So… if you are looking for up to date... honest information about some of the best possible medical treatments for knee arthritis pain…

Go here **painmdny.com/knee** and request the information kit or just watch the videos on that page.

Or if you would like to reserve a free screening before they are all gone call 877-228-5490 right now.

MEDICAL RESEARCH

To advertise, call Peter Blankenstein at 212-457-7751 or email peter.blankenstein@metro.us

Healthy heroin abusers (men and women, ages 21-59) are needed for an 8-week inpatient study investigating medication effects at the NY State Psychiatric Institute. Earn approximately $6550-7350. Call the Substance Use Research Center at (646) 774-6243.

SPA & MASSAGE

To advertise with Metro, email peter.blankenstein@metro.us

GRAND OPENING
BODY RUB
Russian Spanish Asian
690 10th Avenue
Bet. 48 to 49 St., Manhattan
Open 7 Days
Time 11.00-8.00am (21 HRS)
TEL - 212-247-8899

BODY WORK

Latino
Russian Asian

50th St. W • 212-956-7976
11am to 8am (21hrs)
28th St. E. Lexington Ave
646-682-7032
11am to 8am (21hrs)
9th St. E
646-918-6116
11am to 8am (21hrs)
15th St. W
212-727-7458
12 noon to 10:30pm
48th St. W • 212-247-8899
11am to 8am (21hrs)
89th St. E • 212-369-4345
12-10:30pm

metro CLASSIFIEDS
To place an ad call 866-900-9473 or visit us at www.metro.us
DEADLINE: 2 BUSINESS DAYS PRIOR TO PUBLICATION AT 4 PM.

CAREER TRAINING

ACCESS INSTITUTE

JOBS
We Train & Place!
Call: 718-263-0750

- PCT • HHA • CNA
- Med. Billing & Coding
- M.A • Pharmacy Tech
- EKG/Phlebotomy Tech
- Business Analyst/QA
- Media concepts: Audio • Video
- Solar Tech
- SAP

US Vets Call Now

FREE TRAINING IF QUALIFIED
Students Visas @ Low Cost
On Queens Blvd Next to E/F Train Q10 Bus 8002 Kew Gardens Rd, Kew Gardens, NY
WWW.ACCESSQUEENS.COM

PEST CONTROL SCHOOL & SERVICES
6/9 DAYS/N.Y. STATE APPROVED, CERTIFICATION & RECERTIFICATION IN BED BUGS, TERMITES, STRUCTURAL, FOOD PROCESSING & LANDSCAPING
BEDBUG SPECIALISTS JOB ASSISTANCE/BUSINESS
1(800) 220-5494 or (718) 205-0557
pestcontrolschoolny.com | pestmanagementsciences@yahoo.com
Call or Text #917.653.0319

HHA/CNA Training NYSED
Slow learner? Long time out of school? Job Placement Assistance $14.09/per hr
All benefits included
Call #718.349.8003

ITEMS WANTED

Absolute Yes! SAME DAY
!CASH PAID!
$45 AcuChek 100/Smartview100
888-415-0796 instant!
for Diabetic Test Strips
224 w 116 st, M-F, 2-4 p
or mail in B,C,2,3 trains

REAL ESTATE

Rooms for Rent

All Manhattan/Bronx

Furnished Rooms For Rent! Cable/Internet Ready! Move In Today! All utilities Inc. Starting Just $150/wk.
Call Us Now:(212)368-2685

100's Available, All Boroughs

Private Entry Bath Cooking
1 Person/2 Person $125wk/up room rentals
Studios $900/up
212-210-0921

Manhattan & Bronx Rooms

Private rooms in apt. Fully equipped. Start 150 wifi/cable included.
Move same day! • (212) 862-0030

metro CLASSIFIEDS
To place an ad call 866-900-9473

LEGAL NOTICES

NOTICE OF SALE

SUPREME COURT:
DEUTSCHE BANK NATIONAL TRUST COMPANY AS TRUSTEE FOR GSR MORTGAGE LOAN TRUST 2006-0A1;
Plaintiff(s) vs. TONI SIMONS; et al; Defendant(s)
Attorney(s) for Plaintiff(s): ROSICKI, ROSICKI & ASSOCIATES, P.C., 2 Summit Court, Suite 301, Fishkill, New York 12524, 845-897-1600
Pursuant to a judgment of foreclosure and sale granted herein on or about January 29, 2018, I, will sell at Public Auction to the highest bidder at QUEENS COUNTY SUPREME COURT, located at 88-11 SUTPHIN BOULEVARD, JAMAICA, NEW YORK 11435 IN COURTROOM #25. On July 13, 2018 at 10:00am. Premises known as 167 FOCH BLVD, JAMAICA, NY 11434
Block: 12364 Lot: 114
ALL that certain plot, piece or parcel of land, situate, lying and being in the Borough and County of Queens, City and State of New York. As more particularly described in the judgment of foreclosure and sale. Sold subject to all of the terms and conditions contained in said judgment and terms of sale. Approximate amount of judgment $329,462.65 plus interest and costs.
INDEX NO. 19399/2013
Peter M. Wolf, Esq., Referee

THE ANNUAL RETURN of The SCHOENGOLD FOUNDATION for the calendar year ended December 31, 2017 is available at its principal office, located at 21044 95th Ave. South, Boca Raton, Fl 33428, Apt # AL 208, for inspection during business hours by any citizen that requests it within 180 days hereof. Principal Manager of the Foundation is Zelda Schoengold.

LEGAL NOTICES

NOTICE IS HEREBY GIVEN that a license, Serial # 1310779, for Liquor, Wine & Beer has been applied for by the undersigned to sell Liquor, Wine & Beer at retail under the Alcoholic Beverage Control Law at 1904 Utica Ave., Brooklyn, NY 11234. Kings County, for on premise consumption. FLAIRBKLYN LLC.

NOTICE IS HEREBY GIVEN that a license, Number Pending, for Beer, Liquor & Wine has been applied for by the undersigned to sell Beer, Liquor & Wine at retail in a Tavern under the Alcoholic Beverage Control Law at 2374 Adam Clayton Powell Blvd., New York, NY 10030. New York County, for on premises consumption. Harlem The Row Corp. d/b/a Harlem The Row.

SERVICES

NO MONEY DOWN CABLE
Get an all-digital satellite system installed for free with 150 channels and programming starting at only $35/mo.
New callers get a FREE $100 Visa Gift Card.
SO CALL NOW 877-255-0353

IMPORTANT INFORMATION:
All classified advertising is subject to the terms and conditions of the applicable Metro Classified rate card and to approval and acceptance at Metro U.S. option. Metro US reserves the right to edit, reject, cancel or reclassify an ad, and reserves the right to convert any classified advertising to alternative formats for use and publication in other Metro U.S. publications. It is the advertiser's sole responsibility to check each ad the first day it is published. Metro U.S. assumes no responsibility for any reason, for any error or omission in any ad.

JOBS

Education

HIGH SCHOOL DIPLOMA
If you're 18 or older you can complete your high school education at home right now in as few as 2 months
212-967-7010
469 7th Ave, 7th Floor
(Btwn 35th & 36th Street)
Liberty High School Vt.

General Help Wanted

HOME HELPER WANTED
HHA FOR GREATER PAY!
Without HHA? You can still help elderly friends & family members for great pay!
646-799-6062
646-660-0530 | 646-832-7647
or visit us at: 110 West 34th St. Suite 1207 Manhattan, M-F, 10-5

metro CLASSIFIEDS
To place an ad call 866-900-9473 or visit us at www.metro.us
DEADLINE: 2 BUSINESS DAYS PRIOR TO PUBLICATION AT 4 PM.

JOBS

Healthcare

JASA Care is seeking certified Home Health Aides!

We offer:
Health Insurance
Paid Vacation
Differential pay for holidays and weekends

Cases available throughout NYC: Brooklyn, Queens, Bronx, Manhattan
Flexible schedules! 4,6,8,12,24 hour cases

Union 1707 Local 389

jasa

Call us today to apply!
646-343-9300
Ask to speak with Human Resources

JASA Care
247 West 37th Street, 4th Floor
New York, NY 10018
EEO

ITEMS FOR SALE

KILL ROACHES-GUARANTEED!

Buy Harris Roach Tablets.
Odorless, Effective, Long Lasting.
Available: Hardware Stores, The Home Depot

homedepot.com

PSYCHICS

GENUINE SPIRITUAL HEALER

Clairvoyant • Medium • Astrologer.
No matter what your problems, are I can help you solve them.

Specialize in Relationships, If your loved one. Husband or wife Walks out on you. I can help bring him back immediately with the most powerful spell.

Business • Court Case • Success • Exams
Sexual Prob. • Marriage & Remove Evil Spell
Black Magic • Bad Luck • Jaadoo
Voodoo & Stop Enemy • Etc...

Seek help from
Mr MAROOF
YOU WILL GET RESULT
IN 72 HOURS
100% GUARANTEED

WWW.SPIRITUALMAROOF.COM
CALL 646 891 7809

PSYCHICS

WORLD FAMOUS INDIAN PALMIST & SPIRITUALIST
PANDITH: RAVI SHANKAR GURU JI

MEET ONCE 100% EXPERT PANDITH

EXPERT IN REMOVING PROBLEM LIKE
Health, Depression & Blockage, Enemy Problems, Jealousy, Sexual Problems, Business Problems, Money Problem, Childless Couples, Worried About Loved Ones

FREE READING MON'S & SAT'S

He Can Handle, Remove & Destroy Black Magic, Voodoo, Obey, Witchcraft, Demonic Forces, Evil, Bad Luck & All Negativity And Gives Protection

"LIFE IS TOO SHORT" DON'T SUFFER!

347-553-1494

103-02 LEFFERTS BLVD. RICHMOND HILL, NY 11419 (INSIDE PRIVATE HOUSE)

MOST POWERFUL AFRICAN PSYCHIC

Mr. KALLO
LOVE GURU
39 Years Experienced LOVE EXPERT
I BRING BACK LOVED ONES
ONE VISIT & YOU WILL SEE RESULTS.
I NEVER LOOSE ANY CASE

I can Help you in Problems: Marriage, Court case, Business, Depression, Bond Families, Stop Divorce, Stress Removal, Bad Luck, Evil eyes, Jadoo & Negative Energy

NO MORE PAIN, NO MORE DISSAPPOINTMENT, MEET LOVE MASTER TODAY & GET SOLUTIONS

347-271-3493, 917-946-4662

LOVE PSYCHIC, ASTROLOGER & SPIRITUAL HEALER
Pandit: SANJIV RAM

* Family * Depression
* Health * Enemy
* Love * Jealousy
* Job * Court
* Work * Sexual
* Business * Divorce etc

If you are Disappointed meeting other Astrologers & not getting Solutions, , then meet PANDIT: SANJEEV RAM & get permanent Solutions for your Problems

100% GUARANTEE, PRIVATE & CONFIDENTIAL
PALM READING, FACE READING, HOROSCOPE
Removes Black magic, Butu, Jinn, Jadoo, Vodoo, Witchcraft, Obeya, Evil Spirits.
& GIVES 100% LIFELONG PROTECTION

929-250-8473

554, 9th AVE, BETWEEN 37 & 38 STREET, MANHATTAN 10018

PSYCHICS

PROFESSOR SALAAM
6th Generation of African Medium
I CAN HELP YOU OUT OF DESPAIR - 7 DAY RESULTS

LOVE SPECIALIST • REUNITE LOVERS, EVEN HOPELESS CASES
BUSINESS SUCCESS • RELEASE FROM SPELL
CLEAR NEGATIVITY • STRONG VOODOO • BLACK MAGIC
COURT ISSUES • FAMILY PROBLEMS • DRUGS
CAREERS • EXAMS • GAMBLING • LUCK
PROTECTION • IMPOTENCY/INFERTILITY & MORE.

Call 917-595-9916
www.psychicsalam.com
Manhattan & Brooklyn

Mr. Mane International Renowned African Psychic & Advisor

No matter how complex and difficult your situation, you can count on Mr. Mane's professionalism, discretion and spiritual skills to solve your issue in the quickest way.

Love Master: Return of Loved One Quick, Black Magic, Obeah, Voodoo & Jadoo, Release from Spell, Protection, Business Success, Court Issue, Exams, Immigration Case, Gambling, Family Issues, Unknown Disease & Sexual Problems Etc...

Quick results Call **646-886-3995**
Manhattan & Bronx
www.mrmanemedium.com

FOLLOW US ON INSTAGRAM!
metronewyork

metro CLASSIFIEDS
To place an ad call 866-900-9473 or visit us at www.metro.us
DEADLINE: 2 BUSINESS DAYS PRIOR TO PUBLICATION AT 4 PM.

GAMES

metro.us/crossword

Check your answers at metro.us/games

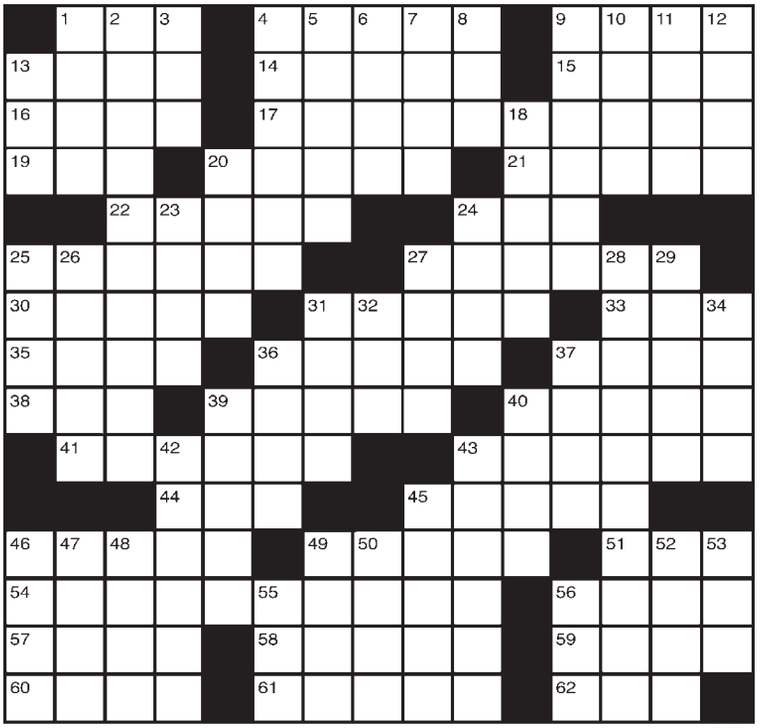
Powered by Arkadium

ACROSS

1 War casualty, for short
4 Slaphappy
9 Mountain road
13 __-up; confined
14 Think the world of
15 Resound
16 "Fool me __, shame on you..."
17 Lawmaker
19 "..._ not like green eggs and ham..." (Dr. Seuss)
20 Bracelet fastener
21 First stage
22 Eye color
24 Rawls or Gehrig
25 __ for; purchase in advance
27 List of names
30 More uncommon
31 Investigation
33 Hair covering
35 Eras
36 Search engine
37 "__ Trek"
38 Fellows
39 Snake's poison
40 Stockholm resident
41 Yo-yo maker's need
43 Very few and scattered
44 Long-eared animal
45 Haggard
46 Synagogue leader
49 Lacking much taste
51 Part of speech: abbr.
54 Completely uneducated
56 Fib teller
57 Classic board game
58 __ on; survives
59 Hostels
60 "Bright __"; Shirley Temple film
61 Banquet
62 Curvy letter

DOWN

1 Repair
2 Not speaking intelligibly
3 Gobbled up
4 Ship's kitchen
5 Just right
6 Boxers and beagles
7 Faucet problem
8 Positive reply
9 __ butter cups; popular candy
10 Plays a role
11 Loafer, for one
12 Type; variety
13 Luau dish
18 On the __; unrestrained
20 Russian emperor of old
23 Imitates
24 Mexican wolf
25 Baby carriage
26 Hits the ceiling
27 Den or kitchen
28 Performs for
29 __ up on; studies about
31 Hunger pain
32 Greek letter
34 Redwood or dogwood
36 Cravings
37 Waterbird
39 Drop in on
40 Idaho export
42 Dog bite danger
43 Least nutty
45 Microsoft's Bill
46 Kind of pudding
47 Actress Sheedy
48 "__ Skies"; Irving Berlin song
49 Cheese often served with fruit
50 Mount St. Helens' output
52 Baird and Hicks
53 Yrbk. section
55 One of Santa's helpers
56 Recline



BY TCA

metro.us/wordsearch

K	B	A	L	R	A	M	Y	E	N	
I	S	S	E	M	F	T	T	E	C	
S	T	D	N	P	L	A	F	W	A	
T	N	E	M	A	N	R	U	O	T	
R	I	F	N	D	E	D	T	R	T	
I	O	E	W	V	I	R	B	L	A	
K	P	N	Q	A	L	A	O	D	C	
E	J	D	L	N	A	W	L	C	K	
R	R	E	C	C	O	S	K	U	S	
G	I	A	D	E	G	D	W	P	C	

Advance
Attack
Defend
Draw
Futbol
Goalie
Messi
Neymar
Penalty
Points
Score
Soccer
Striker
Tournament
World

metro.us/wander

Category: Two for One

T	S	O	R
R	E	H	C
A	T	B	U
P	I	L	L

NEW

Trace a path, using every letter once, to find the hidden phrase. Your path can turn in any direction, but not diagonally.

metro.us/sudoku

				6	9	1		
9		4			2	8		
7							9	2
	8		7					
3	2	9				4	6	7
					4		8	
8	7							1
		3	2			6		8
		6	8	9				

Yesterday's Answers

F	L	A	P			W	H	I	P		E	S	P	Y
R	O	B	I	N		H	I	R	E		S	A	L	E
E	L	O	P	E		O	P	E	R	A	T	I	O	N
E	L	M		G	A	S			S	C	A	L	D	S
		I	R	A	T	E			P	O	T			
I	G	N	I	T	E			D	I	R	E	C	T	
O	R	A	T	E		S	P	U	R	N		L	A	W
T	O	B	E		B	L	A	M	E		T	Y	P	E
A	W	L		C	L	A	S	P		F	A	D	E	D
	S	E	C	R	E	T			L	I	N	E	R	S
			L	A	S			D	E	S	K	S		
A	C	R	O	S	S			U	G	H		D	O	S
B	R	A	S	S	I	E	R	E		E	V	A	D	E
L	A	N	E		N	A	I	L		S	A	L	O	N
E	G	G	S		G	U	M	S			N	E	R	D

metro

As the world's largest global newspaper, Metro has more than 18 million readers in more than 100 major cities in 23 countries. • **Metro New York** 120 Broadway, New York, NY 10271 • **main** 212-457-7790 • **to advertise** 212-457-7735 • **Press releases** pressrelease@metro.us • **Chief Revenue Officer** Ed Abrams, Ed.Abrams@metro.us • **U.S. Circulation Director** Joseph Lauletta • **U.S. Marketing Director** Wilf Maunoir • **email sales** advertising@metro.us • **email distribution** distribution@metro.us • Advertisements appearing in Metro are published in good faith. Metro does not endorse and makes no representations about any of the advertising content appearing in its pages. Metro is not responsible for any loss or damages whatsoever resulting from readers using the services of its advertisers. Readers should exercise caution when replying to advertisements, especially those which require any form of payment, and, where necessary, should seek independent legal advice. • **Editor in Chief** Aleksander Korab, aleksander.korab@metro.us • **Managing Editor** Morgan Rousseau, morgan@metro.us • **Night Editor** Jeff Tomko, jeff.tomko@metro.us • **Art Director** Luis Matos, Luis.Matos@metro.us • **Sports Editor** Joseph Pantorno, joseph.pantorno@metro.us • **Going Out Editor** Eva Kis, eva.kis@metro.us • **Head of Production** Matt Prowell , matt.prowell@metro.us

Alliance for Audited Media

COOKIE'S®

THE KIDS DEPARTMENT STORE

15% OFF ALL SUITS & DRESSES

EXTENDED!

OFFER VALID: 06/13/18 - 06/19/2018

USE CODE: MSD613

Valid in-store or online at CookiesKids.com. Coupon must be presented at time of purchase. Limit one per customer. Cannot be combined with any other offer. Not valid on red tag merchandise.

CookiesKids.com

510 Fulton Street	982 Flatbush Avenue	265 Livingston Street	166-21 Jamaica Avenue	91-11 Merrick Blvd	1534 Westchester Avenue	567 Melrose Avenue
718-797-3300	718-287-2300	718-797-3300	718-291-7700	718-291-7700	718-991-9500	718-585-0800

Go ahead, give your savings a raise.

60-month CD

3.00% APY[1]

For a limited time only

Upgrade and lock in your rate today.

Open an account: ***PopularBank.com/savings***
or vist your closest branch.

POPULAR®

1. Promotion begins on 05/21/18 and expires on 07/21/18. Annual Percentage Yield (APY) is effective as of May 21, 2018. Popular, in its sole discretion, reserves the right to change or terminate this offer at any time. This offer is available in all Popular branches and via our website www.PopularBank.com. To qualify for the promotional APY, new or existing customers must open a 60-month CD with a required minimum balance and opening deposit of $1,000 in new money. New money is defined as deposits not previously held with Popular. APY assumes principal and interest remain on deposit until maturity. A penalty will be imposed for early withdrawal. Fees may reduce earnings on the account. Promotional APY is valid on the initial 60-month term. Automatically renews with the same term and rate applicable at the time of renewal. Copyright © 2018 Popular Bank. Member FDIC.

Take your savings further.

Benefits include:

- Interest that compounds daily.
- Easy 24/7 Digital Solutions.
- Security of FDIC Insurance.

60-month CD

3.00% APY[1]

For a limited time only

Upgrade and lock in your rate today.

Open an account: ***PopularBank.com/savings***
or vist your closest branch.

POPULAR®

1. Promotion begins on 05/21/18 and expires on 07/21/18. Annual Percentage Yield (APY) is effective as of May 21, 2018. Popular, in its sole discretion, reserves the right to change or terminate this offer at any time. This offer is available in all Popular branches and via our website www.PopularBank.com. To qualify for the promotional APY, new or existing customers must open a 60-month CD with a required minimum balance and opening deposit of $1,000 in new money. New money is defined as deposits not previously held with Popular. APY assumes principal and interest remain on deposit until maturity. A penalty will be imposed for early withdrawal. Fees may reduce earnings on the account. Promotional APY is valid on the initial 60-month term. Automatically renews with the same term and rate applicable at the time of renewal. Copyright © 2018 Popular Bank. Member FDIC.

Take your savings further.

Benefits include:

- Interest that compounds daily.
- Easy 24/7 Digital Solutions.
- Security of FDIC Insurance.

60-month CD

3.00% APY[1]

For a limited time only

Upgrade and lock in your rate today.

Open an account: ***PopularBank.com/savings***
or vist your closest branch.

POPULAR®

1. Promotion begins on 05/21/18 and expires on 07/21/18. Annual Percentage Yield (APY) is effective as of May 21, 2018. Popular, in its sole discretion, reserves the right to change or terminate this offer at any time. This offer is available in all Popular branches and via our website www.PopularBank.com. To qualify for the promotional APY, new or existing customers must open a 60-month CD with a required minimum balance and opening deposit of $1,000 in new money. New money is defined as deposits not previously held with Popular. APY assumes principal and interest remain on deposit until maturity. A penalty will be imposed for early withdrawal. Fees may reduce earnings on the account. Promotional APY is valid on the initial 60-month term. Automatically renews with the same term and rate applicable at the time of renewal. Copyright © 2018 Popular Bank. Member FDIC.

Go ahead, give your savings a raise.

60-month CD

3.00% APY[1]

For a limited time only

Upgrade and lock in your rate today.

Open an account: ***PopularBank.com/savings***
or vist your closest branch.

POPULAR.

1. Promotion begins on 05/21/18 and expires on 07/21/18. Annual Percentage Yield (APY) is effective as of May 21, 2018. Popular, in its sole discretion, reserves the right to change or terminate this offer at any time. This offer is available in all Popular branches and via our website www.PopularBank.com. To qualify for the promotional APY, new or existing customers must open a 60-month CD with a required minimum balance and opening deposit of $1,000 in new money. New money is defined as deposits not previously held with Popular. APY assumes principal and interest remain on deposit until maturity. A penalty will be imposed for early withdrawal. Fees may reduce earnings on the account. Promotional APY is valid on the initial 60-month term. Automatically renews with the same term and rate applicable at the time of renewal. Copyright © 2018 Popular Bank. Member FDIC.